

Co-curricular Courses 2024-2025 Academic Year

Three co-curricular units are required for graduation. A unit involves the same time commitment as an academic semester credit.

Co-curricular units:

- Count toward full-time status for financial aid
- Are not included in GPA calculation
- Are not included in the total credits required for a degree
- Will appear on the transcript with a Pass/Fail grade
- Will count toward satisfactory progress for financial aid purposes
- Will not count toward the 12 credits of gradable courses required for recognition on the dean's list or other university honors.

Repeatability for general education:

- .5 co-curricular unit courses may be repeated once for general education co-curricular credit.
- 1 co-curricular unit courses may not be repeated for general education co-curricular credit.

Co-curricular Courses

AF0120	Physical Conditioning	.5
AF0230	Precision Drill Team	.5
AF0340	Field Training	1
AR0340	Internship in Advanced Military Leadership	3
AR2068	Fall Military Physical Conditioning	1
AR2069	Spring Military Physical Conditioning	1
AR3068	Physical Training Leadership I	1
AR3069	Physical Training Leadership II	1
MUS1510	Huskies Pep Band	1
MUS1511	Campus Concert Band	1
MUS1570	Private Music Instruction	1
PE0101	Flag Football	.5
PE0103	Bait and Fly Casting	.5
PE0104	Ultimate Frisbee	.5
PE0105	Beginning Bowling I	.5
PE0106	Beginning Golf	.5
PE0107	Floor Hockey	.5
PE0108	Broomball	.5
PE0109	Beginning Aikido	.5
PE0113	Disc Golf	.5
PE0115	Beginning Swimming	.5
PE0116	Beginning Basketball	.5
PE0117	Beginning Hockey	.5
PE0118	Beginning Weight Training	.5
PE0119	Beginning Fitness Training	.5
PE0120	Beginning Alpine Skiing (Downhill)	.5
PE0121	Beginning Snowboarding	.5
PE0122	Softball	.5
PE0123	Telemark Skiing	.5
PE0125	Sand Volleyball	.5
PE0126	Beginning Volleyball	.5
PE0130	Water Aerobics	.5
PE0132	Beginning Soccer	.5
PE0135	Beginning Cross Country Skiing	.5
PE0137	Table Tennis	.5
PE0138	Beginning Racquetball/Squash	.5
PE0139	Beginning Badminton	.5
PE0140	Beginning Tennis	.5
PE0142	Introduction to Brazilian Jiu Jitsu	.5
PE0145	Fundamentals of Rifle Safety	.5
PE0146	Beginning Billiards	.5
PE0148	Beginning Skating	.5
PE0150	Outdoor Lifetime Activities	.5
PE0151	Indoor Lifetime Activities	.5
PE0152	Social Dance I	.5
PE0153	Aerobics I	.5

Co-curricular Courses cont.

PE1153	Zumba	1
PE1169	Indoor Cycling	1
PE1170	TaeKwonDo	1
PE1210	Special Topics	1
PE1215	Introduction to Backcountry Travel	1
PE1220	Introduction to Canoeing	1
PE1225	Indoor Rock Climbing	1
PE1230	Introduction to Kayaking	1
PE1235	Introduction to Log Rolling	1
PE1240	Snowshoeing	1
PE1245	Wilderness First Responder	1
PE1435	Self-Defense for Women	1
PE1436	Self-Defense for Men	1
PE1450	Physical Education Fusion – Full	1
PE1470	Lifeguard Swimming	1
PE2010	Varsity Football	1
PE2020	Varsity Basketball	1
PE2030	Varsity Hockey	1
PE2040	Varsity Nordic Skiing	1
PE2050	Varsity Soccer	1
PE2080	Varsity Track	1
PE2090	Varsity Tennis	1
PE2130	Varsity Volleyball	1
PE2140	Varsity Cross Country	1
PE2150	Cross Training	1
PE2160	Varsity Esports	1
PSY1100	Skills for Health and Resilience	1
PE0XXX	Co-Curricular Activities (<i>transfer credit only</i>)	.5
PE1XXX	Co-Curricular Activities (<i>transfer credit only</i>)	1

THE REST OF THIS PAGE INTENTIONALLY LEFT BLANK