

# **INSIDE:**

Social service providers

Children & families professionals

Food pantries & clothing closets

Access this guide online

childcare.hr.iastate.edu

# ISU Family Resource Guide

Your directory for family resources at Iowa State University and in the Ames and Story County area.

Developed by Iowa State University Child Care & Family Resources

Velc	ome	6
-ood	& Nuti	<u>rition</u>
•	ISU C	ampus
	0	Extension & Outreach
	0	Food Pantries7
•	Ames	
	0	Food Assistance 8
	0	Food Pantries 8
	0	Grocery Stores & Markets 8-9
	0	Meal Programs 9
•	Colo/N	Nevada
	0	Extension & Outreach 9
	0	Food Pantries 9
	0	Grocery Stores & Markets 9
	0	Meal Programs10
•		t/Milford Twp/Roland/Story City
	0	Food Pantries 10
	0	Grocery Stores & Markets
•	'	y/Kelley/Sheldahl/Slater
	0	Food Pantries 10
	0	Grocery Stores & Markets 10
•	Camb	ridge/Collins/Maxwell Food Pantries10
	0	Grocery Stores & Markets
_	_	Ilsburg/Zearing
_	O	Food Pantries11
ميره	ina	 12-15
<u>10us</u>	<u> </u>	
•		ampus
	0	Campus Family Housing
•	Ames	Rent & Utilities Assistance
		Service Providers
	0	Utility Service (Alliant Energy provides electric & gas services to all of Story County) 13
	0	Unity Service (Alliant Energy provides electric & gas services to all of Story County) 13

Colo/i		
0	Rent & Utilities Assistance	14
0	Service Providers	14
0	<u>Utility Service</u>	14
Gilber		
0	Service Providers	14
0	Utility Service	14-15
0		
0	·	
0	Utility Service	15
0	Utility Service	15
ing/Sh	opping	16-17
		-
		16
•	· · · · · · · · · · · · · · · · · · ·	
O		16
0		
Colo/N		
0		17
Gilber		
0	Malls	17
0	Re-sale/Clothing Closets	17
Camb		
0	Re-sale/Clothing Closets	17
h Care	Services	18-25
ISU C	amnus	
0		18
Ames		
0	Dental Clinics	18-20
0	Eye Centers	20-21
0	General Assistance	21
0	Health Insurance (available throughout the state of lowa)	21-22
0	Hospital	22
0	Medical Clinics	
	Gilber  Camb  Colo/I  Gilber  Camb  Camb  Colo/I  Ames  Camb  Ames  Ames	O Service Providers O Utility Service  Gilbert/Milford Twp/Roland/Story City O Service Providers O Utility Service  Huxley/Kelley/Sheldahl/Slater O Maintenance Assistance O Service Providers O Utility Service  Cambridge/Collins/Maxwell O Utility Service  ISU Campus O lowa State University Bookstore  Ames O Malls O Re-sale/Clothing Closets  Colo/Nevada O Re-sale/Clothing Closets  Gilbert/Milford Twp/Roland/Story City O Malls O Re-sale/Clothing Closets  Cambridge/Collins/Maxwell O Re-sale/Clothing Closets  Campus O Buttal Clinics O Bental Clinics O Bental Clinics O Bental Clinics O Bental Assistance O Health Insurance (available throughout the state of lowa) O Hospital

•	Colo/Nevada	
	O Dental Clinics	23
	o Eye Centers	23
	o Medical Clinics	23
•	Gilbert/Milford Twp/Roland/Story City	
	O Dental Clinics	
	O Eye Centers	
	o Medical Clinics	24
•	Huxley/Kelley/Sheldahl/Slater	24
	O Dental Clinics	
	O Eye Centers	
	Medical Clinics	24
•	Cambridge/Collins/Maxwell  O Medical Clinics	24
	McCallsburg/Zearing	
	Medical Clinics	25
Daroi	nting Resources	26_21
<u>i aici</u>		20-31
•	ISU Campus	
	<ul> <li>Campus Child Care (The Comfort Zone for ill children is open to the</li> </ul>	•
_	O Parent Support Groups	∠0
•	Ames <ul> <li>Child Care Assistance (available throughout the state of lowa)</li> </ul>	27
	Off-Campus Child Care Search (available throughout the state of lo	
	Parenting Classes	•
	Parent Support Groups	
	O Schools	
	Colo/Nevada	
	o <u>Schools</u>	29
•	Gilbert/Milford Twp/Roland/Story City	
	O Schools	29-30
•	Huxley/Kelley/Sheldahl/Slater	
	O Schools	30
•	Cambridge/Collins/Maxwell  O Schools	31
Supp	oort Services	32-35
	ISU Campus	
	Counseling & Consultation Services	32
	O Women's Resources	32

•	Ames		
	0	Counseling & Consultation Services	32-33
	0	Mental Health & Disability Services	33-34
	0	Senior Services	34
	0	Women's Resources	34-35
•	Colo/N	Nevada	
	0	Counseling & Consultation Services	
	0	Mental Health & Disability Services	35
•	Camb	ridge/Collins/Maxwell Senior Services	35
Trans	sportat	<u>ion</u>	36-37
	Ames		
	0	Ground Transportation	36
	0	lowa Department of Transportation (DOT)	36
	0	<u>Transportation Assistance</u> (available throughout Story County)	37
Job F	Placem	<u>ent</u>	38
•	Ames		
	0	Employment Agencies	38
•		Nevada Employment Agencies	20
	0		
Recr	<u>eation</u>		39-49
	ISU Ca	ampus	
	0	<u>Gyms</u>	39
	0	<u>Libraries</u>	39
	0	<u>Museums</u>	39
	0	Additional Campus Entertainment	39
•	Ames		
	0	Golf Courses	
	0	<u>Libraries</u>	
	0	Movie Theatres	
	0	<u>Parks</u>	40-43
	0	Parks & Recreation Centers	43
	0	<u>Pools</u>	43
	0	Additional Community Entertainment	44

-	Colo/I	Nevada	
	0	<u>Libraries</u>	44
	0	Parks	44-45
	0	Parks & Recreation Centers	45
	0	Pools	45
	0	Additional Community Entertainment	45
•	Gilber	rt/Milford Twp/Roland/Story City	
	0	Golf Courses	45
	0	<u>Libraries</u>	45-46
	0	Parks	46
	0	Parks & Recreation Centers	46
	0	Pools	46
	0	Additional Community Entertainment	46
•	Huxle	y/Kelley/Sheldahl/Slater	
	0	<u>Libraries</u>	47
	0	Parks	47-48
	0	Parks & Recreation Centers	48
	0	Pools	48
•	Camb	ridge/Collins/Maxwell	
	0	<u>Libraries</u>	48
	0	Parks	48
	0	Parks & Recreation Centers	48
•	McCa	llsburg/Zearing	
	0	<u>Libraries</u>	49
	0	Parks	49

# Welcome to the Iowa State University Family Resource Guide!

This resource guide has been developed by Iowa State University Child Care & Family Resources to provide you with information on a wide array of services, resources, and programs available at Iowa State University, the City of Ames, and the Story County community.

We recognize the importance of accessible and affordable child care and family services in attracting a diverse population of students and employees, reducing stress and absenteeism, and increasing retention. We hope this resource guide will assist you in making informed decisions and balancing school, work and parenting.

If you have questions or need additional assistance, we are here to help!

~Julie & Keesha

ISU Child Care & Family Resources 2623 Bruner Drive, Suite 1010 Ames, IA 50010 ccfamily@iastate.edu (515) 294-88-27 or (515) 294-3149



# \*Food & Nutrition\*

# ISU Campus

#### **Extension & Outreach**

Iowa State University Extension & Outreach-Spend Smart Eat Smart

https://spendsmart.extension.iastate.edu/

Interactive website that helps reduce food expenses by planning before you shop and offers tips to find nutritious items and save at the grocery store.

#### **Food Pantries**

The Shop (Students Helping Our Peers)

Food Sciences Building, Rm 2616, ISU Campus | Operates during fall and spring semesters only http://www.theshop.stuorg.iastate.edu/hours-location/

Non-perishable food and personal hygiene items for all ISU students and faculty/staff in need.

#### **Ames**

#### **Food Assistance**

Good Neighbor Emergency Assistance Fund

613 Clark Ave; Mon-Fri 9 a.m.-12 p.m. for Healthy Food Vouchers. No appointment needed. (515) 296-1449

http://gnea.org/about/services/

Healthy Food Vouchers available to purchase fruits, vegetables, dairy products and meat at local grocery stores. You can receive \$20 in vouchers per quarter. Must provide proof of Story County residency.

Iowa Department of Human Services (DHS) Food Assistance

126 S Kellogg Ave Suite 101, Ames

(515) 292-2035

http://dhs.iowa.gov/food-assistance

SNAP EBT (Supplemental Nutrition Assistance Program-Electronic Benefit Transfer) card for food purchases for low-income households. Must meet income guidelines.

Mid-Iowa Community Action (MICA) WIC

230 SE 16th St, Ames; Mon-Fri 8 a.m.-4 p.m. Appointment required.

(515) 956-3333

http://www.wicprograms.org/li/ia\_50010\_mica-story-county-family-development-center-ames

Supplemental food and nutrition education program for women who are pregnant, breastfeeding, or up to 6-month postpartum, infants, and children up to age 5. Must meet income guidelines.

Story County General Assistance - Food Vouchers

126 S Kellogg Ave, Suite 001, Ames; Mon-Fri 8 a.m.-4 p.m.

(515) 663-2930

http://www.storycountyiowa.gov/345/General-Assistance

Food vouchers for low-income residents in Story County. Must complete application to determine eligibility and provide verification of income.

Story County Veterans Affairs

126 S Kellogg Ave, Suite 201, Ames; Mon-Fri 8 a.m.-4 p.m.

(515) 956-2625

http://www.storycountyiowa.gov/114/Veterans-Affairs

Provides food assistance to Story County veterans and/or their family members who were discharged under Honorable Conditions. Veterans must have served 90 consecutive days of active Federal service, not counting training.

#### **Food Pantries**

Bethesda Church Community Food Pantry 1517 Northwestern Ave, Ames; Mon/Wed 9-11 a.m., Tue 1-3 p.m. and 6-8: p.m., Thu 1-3 p.m. (515) 232-6256

http://www.bethesdanet.org/site/resources/community-food-pantry/

Open to the public.

Calvary United Methodist Church Food Pantry 1403 24<sup>th</sup> St, Ames; Tue 2-3 p.m. (515) 232-6329

http://www.methodistsites.com/calvary/

Food at First Food Pantry "Free Market" First Christian Church, 611 Clark Ave, Ames; Mon/Thu 4-5 p.m., Sat 10-10:30 a.m. (515) 344-4357

https://foodatfirst.wordpress.com/food-pantry/

Perishable food pantry. Open to the public.

Mid-Iowa Community Action (MICA) Pantry 230 SE 16<sup>th</sup> St, Ames (515) 956-3333

http://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=3546

Can visit once every 2 months. Must provide proof of Story County residency.

# **Grocery Stores & Markets**

ALDI

1301 Buckeye Ave, Ames; Mon-Fri 9 a.m.-9 p.m., Sat 11 a.m.-4 p.m., Sun 9 a.m.-8 p.m.

Ames Asia Market 819 Wheeler St #5, Ames

Ames Asia Market (West) 130 Dotson Dr, Ames

Ames British Foods

3100 S Duff Ave, Ames; Mon-Thu and Sun 11 a.m.-11 p.m., Fri-Sat 11-2 a.m.

Asia Foods Store 516 Lincoln Way, Ames

Fareway Grocery

3619 Stange Rd, Ames; Mon-Sat 7 a.m.-9 p.m.

Fareway Grocery

619 Burnette Ave, Ames; Mon-Sat 7 a.m.-9 p.m.

Hy-Vee

640 Lincoln Way, Ames; Open 24 hours

Hv-Vee (West)

3800 Lincoln Way, Ames; Open 24 hours

Pammel Grocery

113 Colorado Ave, Ames; Mon-Sat 10 a.m.-8 p.m., Sun 12-7 p.m. Specializes in Pakistani, Indian and Middle Eastern groceries.

Sam's Club

**Table of Contents** 

305 Airport Rd, Ames; Mon-Fri 10 a.m.-8:30 p.m., Sat 9 a.m.-8:30 p.m., Sun 10 a.m.-6 p.m. A variety of bulk grocery items.

Walmart Supercenter

534 S Duff Ave, Ames; Open 24 hours

Walmart

3015 Grand Ave, Ames; Open 24 hours

Wheatsfield Cooperative

413 Northwestern Ave, Ames; Mon-Sun 7 a.m.-9 p.m.

Local, natural and certified organic foods.

# **Meal Programs**

Food at First Free Meal Program

First Christian Church, 611 Clark Ave, Ames; Sun-Fri 5-6 p.m., Sat 11 a.m.-12 p.m.

(515) 344-4357

https://foodatfirst.wordpress.com/meal-program/

Meals open to the public.

Meals on Wheels

Mary Greeley Medical Center, 1111 Duff Ave, Ames

(515) 239-6730 on weekdays, (515) 239-2173 on weekends and holidays

http://www.mgmc.org/medical-services/older-adult/meals-on-wheels/

Delivers nutritious meals. Reduced meal rates are available for those in need. Minimum order of 3 days per week.

# Colo/Nevada

#### **Extension & Outreach**

Iowa State University Extension & Outreach Nutrition Education 220 H Ave, Nevada (515) 382-6551

http://www.extension.iastate.edu/story/

Programs that help parents provide nutritious food for their families. Delivers nutrition education to low-income families with children under age 10. Must meet income guidelines.

#### **Food Pantries**

Nevada Community Cupboard 1110 11 St, Nevada; Sat 10-11:30 a.m. (515) 382-4440

http://www.mlcnevada.org/community\_services.htm

Food items available to help families make ends meet.

#### **Grocery Stores & Markets**

Cook's Grocery 1116 Lincoln Hwy, Nevada

Fareway Grocery

1505 S B Ave, Nevada; Mon-Sat 8 a.m.-9 p.m.

Farmland Foods

68810 Lincoln Hwy, Colo

**Table of Contents** 

# **Meal Programs**

Food at First

First United Methodist Church, 1036 7<sup>th</sup> St, Nevada; Mon/Thu 5:30-6 p.m. (515) 382-6536

http://www.cityofnevadaiowa.org/nevada-community-family-services.php

Free evening meal. All are welcome.

# Gilbert/Milford Twp/Roland/Story City

#### **Food Pantries**

Loaves and Fishes Food Pantry 510 Pennsylvania Ave, Story City; Sat 10 a.m.-12 p.m. <a href="http://www.foodpantries.org/li/loaves-and-fishes-food-pantry">http://www.foodpantries.org/li/loaves-and-fishes-food-pantry</a>

Can visit once per month for 6 months. Must provide proof of Gilbert, Story City or Roland residency.

# **Grocery Stores & Markets**

Harlan's Food Mart 306 Washington St, Story City

# Huxley/Kelley/Sheldahl/Slater

#### **Food Pantries**

Huxley Food Pantry Located in the Ark (the brick house directly south of Fjeldberg Lutheran Church, 209 N 2<sup>nd</sup> Ave, Huxley); Wed 6-7 p.m. (515) 460-0427

http://www.fjeldberglutheran.org/food-pantry.html

Slater/Sheldahl Food Pantry 411 Third Ave, Slater; Wed 7:30-8:30 p.m. (515) 228-3600

http://fcfhiowa.bowmansystems.com/?option=com\_cpx&task=resource&id=664232

Can visit once per month. Open to Story County residents.

# **Grocery Stores & Markets**

Fareway Grocery 902 US 69, Huxley; Mon-Sat 8 a.m.-9 p.m.

Town & County Market 308 Main St, Slater

# Cambridge/Collins/Maxwell

# **Food Pantries**

Local Food Pantry

First Presbyterian Church, 221 Main St, Maxwell; open the 3<sup>rd</sup> Tuesday of each month 6-7 p.m. <a href="http://www.maxwellumc.org/index.php?option=com\_content&view=article&id=59&Itemid=71">http://www.maxwellumc.org/index.php?option=com\_content&view=article&id=59&Itemid=71</a>
Open to anyone living in the Maxwell and Collins community.

#### **Grocery Stores & Markets**

Logsdon's Grocery 92 Main St, Maxwell



# **Food Pantries**

Zearing and McCallsburg Food Bank
Zearing City Hall, 105 West Main St, Zearing; Wed 5:30-7 p.m.

<a href="http://fcfhiowa.bowmansystems.com/index.php/component/cpx/?task=resource&id=664549&tab=1">http://fcfhiowa.bowmansystems.com/index.php/component/cpx/?task=resource&id=664549&tab=1</a>
Can visit once every 2 weeks. Open to anyone living in the McCallsburg and Zearing area.

# \*Housing\*

# ISU Campus

# **Campus Family Housing**

Schilletter (SV) and University Village (UV) Campus Apartments ISU Campus (515) 294-5360

http://www.housing.iastate.edu/places/apts/single

UV available to freshman 19 or older and all sophomore, junior, senior and graduate students. SV available to any student who is married or in a domestic partner relationship and/or has dependent children.

# **Ames**

# **Rent & Utilities Assistance**

City of Ames Deposit and First Month's Rent Program

City Hall, Planning & Housing Department, 515 Clark Ave Room 214, Ames; Mon-Fri 8 a.m.-5 p.m. (515) 239-5380

http://www.cityofames.org/index.aspx?page=535

Assists eligible low-income households with up to \$1,200 towards rental deposits and/or first month's rent.

City of Ames Housing Division City Hall, 515 Clark Ave, Ames (515) 239-5400

http://www.cityofames.org/index.aspx?page=155

Provides affordable housing for those facing economic challenges (Section 8 Low Income Housing Program). Waiting period for assistance is approximately 12-24 months.

#### **Emergency Residence Project**

225 S Kellogg Ave, Ames; applications for rent/utility assistance accepted Mon/Thu 9 a.m.-3:30 p.m. (515) 232-8075

http://www.amesshelter.org/rentutilities/

Provides homeless prevention assistance (rent/utility) to Story County residents who are facing evictions or the loss of their heat and lights. Financial assistance limited to once in a 12 month period.

Good Neighbor Emergency Assistance Fund

508 Kellogg Ave, Ames

(515) 296-1449

http://www.cityofnevadaiowa.org/nevada-community-family-services.php

Provides emergency rent and utility assistance to individuals and families in Story County.

Love Your Neighbor Emergency Assistance

St. Thomas Aquinas Church and Catholic Student Center, 2210 Lincoln Way, Ames (515) 292-3810

https://staparish.net/social-justice/love-your-neighbor-emergency-assistance

Provides emergency utility, rental, or deposit assistance to up to 10 Story County families per week. Must not have been helped by a parish fund within the previous 12 months. Must provide proof of bills. Must call for appointment any Thursday at 8 a.m. Please do not leave a voicemail.

Mid-Iowa Community Action (MICA) Low Income Home Energy Assistance Program (LIHEAP) 230 SE 16<sup>th</sup> St, Suite 100, Ames; Mon/Tue/Thu 9 a.m.-3 p.m. (by appointment), Wed 9 a.m.-12 p.m. (walk-in) and 1-3 p.m. (by appointment), Fri 9 a.m.-12:00 p.m. (by appointment) (515) 956-3333

http://www.benefits.gov/benefits/benefit-details/1546

Bill payment assistance, energy crisis assistance, and weatherization and energy-related home repairs. Must be an lowa resident and meet income guidelines.

Story County General Assistance – Rent and Utilities 126 S Kellogg Ave, Suite 001, Ames; Mon-Fri 8 a.m.-4:30 p.m. (515) 663-2930

http://www.storycountyiowa.gov/index.aspx?NID=341

Rent and utilities assistance for low-income residents in Story County who have exhausted all other funding.

Story County Veterans Affairs 126 S Kellogg Ave, Suite 201, Ames; Mon-Fri 8 a.m.-4:30 p.m. (515) 956-2625

http://www.storycountyiowa.gov/index.aspx?nid=114

Provides rent, mortgage and utilities assistance to Story County veterans and/or their family members who were discharged under Honorable Conditions. Veterans must have served 90 consecutive days of active Federal service, not counting training.

#### Service Providers

ICS Advanced Technologies 235 Alexander Ave, Ames; Mon-Fri 8 a.m.-5 p.m. (515) 232-4453

http://www.ics-llc.net/

Internet, DIRECTV and Security & Surveillance system service provider.

ISUNET

618 Douglas Ave, Ames; Mon-Fri 8 a.m.-8 p.m., Sat 10 a.m.-2 p.m. (515) 233-4777

http://www.opencom.net/

Internet service provider.

Mediacom

225 S Dayton Ave, Ames; Mon-Tue and Thu-Fri 8 a.m.-5 p.m., Wed 9 a.m.-5 p.m. (800) 332-0245

https://mediacomcable.com/site/index.html

Cable TV, Internet, Phone and Home Security service provider.

**Utility Service** 

Alliant Energy (800) 255-4268

https://www.alliantenergy.com/

Provides electric and gas services. Pay your bill online or by mail.

\*\*Services provided to all of Story County.

City of Ames Municipal Utilities

City Hall, 515 Clark Ave, Ames; Mon-Fri 8 a.m.-5 p.m.

Developed by Iowa State University Child Care & Family Resources (515) 239-5120 http://www.citvofames.org/index.aspx?page=179 Provides electric, water and sewer services to the Ames community. **Table of Contents** Colo/Nevada **Rent & Utilities Assistance** City of Nevada Housing Information 1209 6th St, Nevada (515) 382-5466 http://www.cityofnevadaiowa.org/nevada-community-housing.php All housing inquiries. Provides low income housing assistance. Good Samaritan Nevada (515) 382-2974 http://www.mlcnevada.org/community\_services.htm

Offers assistance for rent or utilities for those in Nevada or Eastern Story County.

# **Service Providers**

Colo Telephone Co 303 Main St, Colo; Mon-Fri 8 a.m.-4:30 p.m. (641) 377-2202 http://www.colotel.org/

Internet and Phone service provider.

# Midiowa Net

415 S 11th St, Nevada; Mon-Fri 7:30 a.m.-5:30 p.m. (515) 382-2124

http://www.midiowa.net/

Internet service provider.

# **Utility Service**

City of Nevada Water and Sewer

City Hall, 1209 6th St, Nevada; Mon-Fri 8 a.m.-5 p.m.

(515) 382-5466

http://www.cityofnevadaiowa.org/nevada-community-utilities.php

Provides water and sewer services.

# Gilbert/Milford Twp/Roland/Story City

#### Service Providers

Stratford Mutual Telephone (515) 838-2390

http://stratfordtelephone.com/

Cable TV, Internet and Phone service provider.

# **Utility Service**

City of Roland Water and Sewer City Hall, 202 E Ash St, Roland (515) 388-4861 http://cityofroland.org/

Norsemen Electric Company 904 Elm Ave, Story City (515) 733-6321 Provides gas, water and electric services.

**Table of Contents** 

Story City Municipal Electric Utility 525 Hillcrest Ave, Story City (515) 733-4991 Provides gas, water and electric services.

# Huxley/Kelley/Sheldahl/Slater

#### **Maintenance Assistance**

LMI Home Repair or Maintenance Program City of Huxley, 515 N Main Ave, Huxley (515) 597-2561

http://www.huxleyiowa.org/city-of-huxley-programs.html

Homeowners in Huxley that meet income requirements could possibly receive 70% of improvement cost up to \$3,500 for home improvements/maintenance, such as roof repair, furnace replacement, etc.

#### **Service Providers**

Huxley Communications 102 N Main Ave, Huxley (515) 597-2281 http://www.huxcomm.net/

Cable TV, Internet and Phone service provider.

# **Utility Service**

City of Huxley Water and Sewer 515 N Main Ave, Huxley (515) 597-2562 http://www.huxleyiowa.org/public-works.html

# Cambridge/Collins/Maxwell

# **Utility Service**

City of Cambridge Water and Trash (515) 220-4541

http://www.cambridge-ia.us/cityinfo.html

City of Maxwell Water/Sewer/Garbage (515) 387-8655

http://www.welcometomaxwell.com/city-government/utilities

# \*Clothing/Shopping\*

# ISU Campus

# **Iowa State University Bookstore**

Memorial Union, ISU Campus (515) 294-5684

http://www.isubookstore.com/SiteText.aspx?id=541

Clothing for children and adults.

# **Ames**

#### Malls

North Grand Mall 2801 Grand Ave, Ames; Mon-Sat 10 a.m.-9 p.m., Sun 12-5 p.m. (515) 232-3679

http://www.northgrandmall.com/

Single-level shopping center.

# Re-sale/Clothing Closets

Bethesda Clothing Closet

Bethesda Lutheran Church, 1517 Northwestern Ave, Ames; Mon/Wed 9:30-11 a.m., Tue 6:30-8 p.m. (515) 232-6256

http://www.bethesdanet.org/site/resources/clothing-closet/

Can visit once per calendar month. 3 of each item (t-shirts, shorts, pants, shoes) may be selected for each family member with the exception of coats and boots. 1 coat and 1 pair of boots may be selected for each family member for each season. Must bring a form of identification with your name and address.

**Duck Worth Wearing** 

232 Main St, Ames; Mon-Wed and Fri 10 a.m.-7 p.m., Thu 10 a.m.-8 p.m. Sat 10 a.m.-5 p.m., Sun 1-5 p.m.

(515) 233-4901

http://www.duckworthwearing.com/

Children's and maternity resale store.

Goodwill Store

3718 Lincoln Way; Mon-Fri 9 a.m.-9 p.m., Sat 9 a.m.-6 p.m., Sun 12-5 p.m.

(515) 292-8454

http://www.hours-locations.com/goodwill/ia/ames/

Low cost clothing, furniture, etc.

The Loft

233 Main St, Ames; Mon-Wed and Fri 10 a.m.-7 p.m., Thu 10 a.m.-8 p.m., Sat 10 a.m.-5 p.m., Sun 1-5 p.m.

(515) 232-9053

http://www.theloftames.com/

Resale clothing store for teens to adults.

The Salvation Army 703 E Lincoln Way, Ames (515) 233-3567 Thrift store.

**Table of Contents** 

Suited for Work Clothing Closet

130 South Sheldon, Suite 305, Ames; Mon and the third Sat of each month 11 a.m.-1 p.m., Thu 5-7 p.m. (515) 232-6064

http://fcfhiowa.bowmansystems.com/index.php/component/cpx/?task=resource&id=662566&tab=1

Available to FIP recipients and low-income men and women in Story County who have found employment or who are actively seeking employment. Must have a referral from ACCESS, Beyond Welfare, DHS, ERP, Iowa Workforce Development Center, MICA, YSS, or WIC.

# Colo/Nevada

# Re-sale/Clothing Closets

Harmony Clothing Closet 1122 6<sup>th</sup> St, Nevada; Mon 4:30-7 p.m., Sat 8 a.m.-12 p.m. (515) 382-2211

http://www.mlcnevada.org/harmonyclothingcloset.htm

Shoes, coats, and clothing for infant through adult age. Formal clothing wear can be seen by appointment only.

# Gilbert/Milford Twp/Roland/Story City

# Malls

Factory Stores of America 324 Factory Outlet Dr, Story City; Mon-Sat 10 a.m.-8 p.m., Sun 12-5 p.m. (515) 733-5242

# Re-sale/Clothing Closets

2<sup>nd</sup> Time Around
521 Broad St, Story City; Mon/Tue/Wed/Fri 10 a.m.-5 p.m., Thu 10 a.m.-7 p.m., Sat 10 a.m.-4 p.m.
(515) 733-2732
<a href="http://www.reuse2recycle.info/">http://www.reuse2recycle.info/</a>

Consignment shop offering clothes and accessories.

Resale Power Group of Iowa 11820 567<sup>th</sup> Ave, Story City (515) 733-2378 Consignment shop.

# Cambridge/Collins/Maxwell

# Re-sale/Clothing Closets

The Open Door

United Methodist Church, 501 2<sup>nd</sup> St, Maxwell; open the 3<sup>rd</sup> Tuesday of each month 6-7 p.m. (515) 236-0142

http://www.maxwellumc.org/index.php?option=com\_content&view=article&id=59&Itemid=71

Offers clothing, toys, household items, and miscellaneous items at no cost to anyone who may be able to use them.

**Table of Contents** 

# \*Health Care Services\*

# ISU Campus

#### ISU Thielen Student Health Center

ISU Campus, Corner of Sheldon Ave and Union Dr, Ames; Mon-Tue and Thu-Fri 7:30 a.m.-5 p.m., Wed 8:30 a.m.-5 p.m. (515) 294-5801

http://www.cyclonehealth.org/

# **Ames**

#### **Dental Clinics**

Ames Center for Cosmetic & Family Dentistry 415 S Duff Ave, Ames (515) 956-3700 http://www.docrockdds.com/

Ames Family Dental

2625 University Blvd, Ames; Mon-Thu 8 a.m.-5 p.m., Fri 8 a.m.-4 p.m.

(515) 233-2898

http://www.amesfamilydental.com/

Ames Oral Surgeons PC 1212 Duff Ave #101 (515) 232-6830

http://www.amesoralsurgeons.com/

Ames Pediatric Dental

2208 Philadelphia St, Ames; Mon-Thu 7 a.m.-5 p.m.

(515) 956-3423

http://www.amespediatricdental.com/

Aspen Dental

806 S Duff Ave, Ames; Mon/Wed/Thu 9 a.m.-6 p.m., Tue 11 a.m.-8 p.m., Fri 8 a.m.-5 p.m. (515) 337-2632

https://www.aspendental.com/dentist/ames-ia-50010-

6823?utm\_source=GooglePlaces&utm\_medium=LOCiqGooglePlaces&utm\_term=Ames\_IA&utm\_campaign=LOCiqGooglePlaces

Consamus and Hampton

3324 Orion Dr, Ames; Mon-Thu 7 a.m.-6 p.m., Fri 7 a.m.-3 p.m.

(515) 232-2007

http://www.consamusandhamptondds.com/

**Dentistry at Somerset** 

2720 Stange Rd, Ames; Mon/Wed/Fri 8 a.m.-4 p.m., Tue/Thur 9 a.m.-5 p.m. (515) 268-0516

https://www.dentistryatsomerset.com/

**Expressions Dental** 

515 Grand Ave #101, Ames; Mon-Thu 8 a.m.-5 p.m.

(515) 232-0558

http://www.expressions-dental.com/

**Grandgenett Dentistry** 

Table of Contents

2208 Philadelphia St, Ames; Mon-Thu 7 a.m.

(515) 956-3426

http://www.amesfamilydentist.com/

Herrick Dental

620 5th St, Ames; Mon-Thu 8 a.m.-5 p.m.

(515) 233-3778

http://jeffherrickdental.com/

Kearney Brannan & Glotfelty, DDS 1226 Duff Ave, Ames (515) 232-6775

Lifepoint Dental Partners 137 Lynn Ave, Ames (515) 292-7262 http://lifepointdental.com/

Metzger Family Dental

1015 Duff Ave, Ames; Mon-Fri 9 a.m.-5 p.m.

(515) 232-4236

http://www.metzgerfamilydental.com/

Overman Family Dentistry

1606 Golden Aspen Dr #110, Ames; Mon-Fri 9 a.m.-5 p.m.

(515) 232-7000

http://www.overmanfamilydentistry.com/

Pyfferoen Pediatric Dentistry

301 5<sup>th</sup> St, Ames; Mon-Thu 8 a.m.-5 p.m., Fri 8 a.m.-1 p.m.

(515) 232-0994

http://www.ameskidsdentist.com/

Staniforth-Calhoun-Hawthorne Dental

616 5th St, Ames; Mon-Fri 8 a.m.-5 p.m.

(515) 232-5401

http://www.fifthstreetdentalames.com/

Stark Smiles

1212 Duff Ave, Ames; Mon-Fri 7:30 a.m.-4:30 p.m.

(515) 232-2255

http://www.starksmiles.com/

Stoltze & Stoltze Family Dentistry

511 Duff Ave #200, Ames; Mon-Thu 8 a.m.-12 p.m. and 1-5 p.m., Fri 8 a.m.-1 p.m.

(515) 233-3797

# http://www.stoltzeandstoltze.com/

Story County Dental Clinic 226 SE 16<sup>th</sup> St, Ames; Mon-Thu 8 a.m.-6 p.m. (515) 598-5298

http://www.micaonline.org/#!dental/cyld

Offers a range of low cost dental services to low-income patients of all ages. By appointment only.

**Table of Contents** 

Swanson Family Dental 1212 Duff Ave, Ames; Mon-Thu 9 a.m.-5 p.m., Fri 8:30 a.m.-1 p.m. (515) 233-2174 http://swansonfamilydental.com/

#### **Eye Centers**

Ames Eye Clinic 201 10<sup>th</sup> St, Ames; Mon-Fri 8 a.m.-5:30 p.m. (515) 232-3451 http://www.ameseyeclinic.com/

#### Eye Mart

Lincoln Center, 620 Lincoln Way #6, Ames; Mon-Fri 10 a.m.-7 p.m., Sat 10 a.m.-5 p.m. (515) 598-5111

http://www.eyemartopticaloutlet.com/

#### Eye.Works

2701 Stange Rd #100, Ames; Mon-Thu 9 a.m.-6 p.m., Fri 9 a.m.-4 p.m., Sat 9 a.m.-2 p.m. (515) 232-4003

McFarland Eye Center 3600 Lincoln Way, Ames; Mon-Fri 8 a.m.-5 p.m. (515) 663-4888

McFarland Clinic-Duff Avenue Eye Center 1128 Duff Ave, Ames; Mon-Fri 8 a.m.-5 p.m. (515) 239-4400

http://www.mcfarlandclinic.com/locations/ames/eye-centers-duff-avenue/#.VaQYW03bK70

#### Pearle Vision

2634 Stange Rd, Ames; Mon/Wed/Fri/Sat 9 a.m.-6 p.m., Tue/Thu 9 a.m.-8 p.m. (515) 232-5627

http://stores.pearlevision.com/21002560/Ames-IA-Stange-Road/

Vogue Optical 2526 Lincoln Way, Ames (515) 292-0061 http://www.voguevision.com/

Walmart Vision Center 534 Duff Ave, Ames (515) 956-3553

Whylie Eye Care Center 819 Wheeler St #7; Mon-Fri 8:30 a.m.-5 p.m., Sat 8:30 a.m.-12 p.m. (515) 232-1844

# http://whylies.com/

Wolfe Eye Clinic 2020 Philadelphia St, Ames; Mon-Fri 8 a.m.-5 p.m. (515) 232-2450 http://www.wolfeeyeclinic.com/locations/ames

**Table of Contents** 

YOUnique Eyewear 301 Main St Ste 5, Ames; Mon-Fri 10 a.m.-5 p.m., Sat 10 a.m.-2 p.m. (515) 232-1436 http://youniqueeyewear.com/

#### **General Assistance**

Planned Parenthood

2530 Chamberlain St, Ames; Mon 12-8 p.m., Tue 1-5 p.m., Wed 9 a.m.-2 p.m., Thu/Fri 9 a.m.-5 p.m. (877) 811-7526

http://www.plannedparenthood.org/health-center/iowa/ames/50014/ames-center-2385-90380

Provides reproductive health care and education to women and men. Costs are based on a sliding fee scale.

Primary Health Care

3510 Lincoln Way, Ames; Mon-Fri 8 a.m.-5 p.m.

(515) 232-0628

http://www.phcinc.net/

Provides follow-up, continuity of care, pharmacy assistance, and supportive services to medically insured, uninsured and underinsured patients in need. Costs are based on sliding fee scale.

Story County General Assistance – Emergency Medical Treatment and Prescription Drugs 126 S Kellogg Ave, Suite 001, Ames; Mon-Fri 8 a.m.-4:30 p.m. (515) 663-2930

http://www.storycountyiowa.gov/index.aspx?NID=341

Emergency medical treatment and prescription drugs assistance for low-income residents in Story County who have exhausted all other funding.

Story County General Assistance – NACo Prescription Drug Discount Program 126 S Kellogg Ave, Suite 001, Ames; Mon-Fri 8 a.m.-4:30 p.m. (515) 663-2930

https://www.storycountyiowa.gov/index.aspx?NID=345

Offers a prescription drug discount card to Story County residents who have no prescription drug insurance coverage or have certain needed medications that are not covered.

Story County Veterans Affairs 126 S Kellogg Ave, Suite 201, Ames; Mon-Fri 8 a.m.-4:30 p.m. (515) 956-2625

https://www.storycountyiowa.gov/index.aspx?nid=114

Provides prescription medication, medical, dental, and vision care assistance to Story County veterans and/or their family members who were discharged under Honorable Conditions. Veterans must have served 90 consecutive days of active Federal service, not counting training.

# **Health Insurance**

Iowa Department of Human Services (DHS) Hawk-I 126 S Kellogg Ave, Suite 101, Ames

# (515) 292-2035

#### http://www.hawk-i.org/

Offers low-cost or free health care coverage for uninsured children of working families. Offers dental only coverage for children who have health insurance but may not have dental coverage.

Iowa Department of Human Services (DHS) Medicaid 126 S Kellogg Ave, Suite 101, Ames (515) 292-2035

# http://dhs.iowa.gov/ime/members

Provides health care coverage for low-income parents with children, children, those with disabilities, elderly people, and pregnant women.

Iowa Department of Human Services (DHS Table of Contents 126 S Kellogg Ave, Suite 101, Ames

(515) 292-2035

http://www.medicare.gov/

Health and hospital insurance for individuals who are 65 years and older, and for those who are disabled.

# Hospital

Mary Greeley Medical Center 1111 Duff Ave, Ames (515) 239-2011 http://www.mgmc.org/

# **Medical Clinics**

Ames Area Free Obstetrical Clinic-Mobile Clinic
Bethesda Lutheran Church, 1517 Northwestern Ave, Ames; Call for hours
(515) 282-2228
Offers free services to low income women. Must be pregnant to receive services.

# Ames Free Medical Clinic

First United Methodist Church, 516 Kellogg, Ames; Thu 6-8 p.m. (515) 233-5910 \*answered during clinic hours only <a href="http://www.freemedicalsearch.org/det/Ames\_Free\_Medical\_Clinic">http://www.freemedicalsearch.org/det/Ames\_Free\_Medical\_Clinic</a>

Provides health care services at a free or reduced rate. No prenatal care or dental care.

McFarland Clinic-1215 Duff Avenue Office 1215 Duff Ave, Ames; Mon-Fri 8 a.m.-5 p.m., Sat 8 a.m.-12 p.m. (515) 239-4400

McFarland Clinic-Family Medicine East Office 1018 Duff Ave, Ames; Mon-Fri 8 a.m.-5 p.m., Sat 8 a.m.-12 p.m. (515) 663-8621

After hours care: Mon-Fri 5-9 p.m., Sat-Sun 10 a.m.-6 p.m., Holidays 10 a.m.-4 p.m., Closed Thanksgiving Day

McFarland Clinic-Medical Arts Building 1015 Duff Ave, Ames; Mon-Fri 8 a.m.-5 p.m. (515) 239-4400

McFarland Clinic-North Ames Office 3815 Stange Rd, Ames; Mon-Fri 8 a.m.-5 p.m. (515) 956-4050

McFarland Clinic-Somerset Office 2707 Stange Rd, Ames; Mon-Fri 7 a.m.-6 p.m.

(515) 956-4014

Story Medical Clinic-Natural Health 431 S Duff St, Suite B; Mon-Thu 9 a.m.-6 p.m. (515) 232-2979

http://www.storymedical.org/Clinics/ANHC/index.aspx

Provides natural health services to medically insured, uninsured and underinsured Story County residents. Financial assistance may be available.

**Table of Contents** 

# Colo/Nevada

# **Dental Clinics**

Family Dentistry 936 7<sup>th</sup> St, Nevada (515) 382-6960 http://nevadaiowadentist.com/

Stephenson Dental

1044 Fawcett Pkwy Ste C, Nevada; Mon-Wed/Fri 8 a.m.-5 p.m., Thu 8 a.m.-12 p.m. (515) 382-5542

http://www.drberniestephenson.com/

# **Eye Centers**

McFarland Clinic-Nevada Eye Center 1014 6<sup>th</sup> St, Nevada; Mon-Fri 8 a.m.-5 p.m. (515) 382-4626

http://www.mcfarlandclinic.com/locations/nevada/nevada-eye-center/#.VaQqtU3bK70

Nevada Vision Clinic

1731 S G Ave, Nevada; Mon 8 a.m.-7 p.m., Tue/Wed/Fri 8 a.m.-5 p.m., Thu 8 a.m.-12 p.m. (515) 382-2744

http://visionsource-nevadavisionclinic.com/

# **Medical Clinics**

McFarland Clinic-Nevada 230 6<sup>th</sup> St, Nevada; Mon-Fri 8 a.m.-5 p.m., Sat 8 a.m.-12 p.m. (515) 382-5471

Story Medical Clinic-Nevada 519 F Ave, Nevada (515) 382-5413

http://www.storymedical.org/Clinics/NMC/index.aspx

Provides health services to medically insured, uninsured and underinsured Story County residents. Offers health coaching services at no charge. Financial assistance may be available.

Story County Medical Center-North Campus 630 6<sup>th</sup> St, Nevada (515) 382-2111

Story County Medical Center-South Campus 640 S 19<sup>th</sup> St, Nevada (515) 382-2111

# Gilbert/Milford Twp/Roland/Story City

**Table of Contents** 

# **Dental Clinics**

Barnes & Senti DDS 1461 Broad St, Story City (515) 733-4441

Cook Family Dentistry 619 Elm Ave #5, Story City (515) 733-5031

#### **Eve Centers**

Wolfe Family Vision Center 619 Broad St, Story City (515) 733-6900

#### **Medical Clinics**

McFarland Clinic-Story City 705 8<sup>th</sup> St, Story City; Mon-Fri 8 a.m.-5 p.m. (515) 733-5191

# Huxley/Kelley/Sheldahl/Slater

# **Dental Clinics**

Ballard Dental Associates 408 Campus Dr, Huxley; Mon-Thu 7 a.m.-5 p.m., Fri 8 a.m.-12 p.m. (515) 597-5300 http://www.ballarddentalassociates.com/

# **Eye Centers**

Huxley Vision Clinic 303 S US Hwy 69 #A, Huxley; Mon 10 a.m.-7 p.m., Tue-Fri 8 a.m.-5 p.m. (515) 597-5200 http://visionsource-huxleyvisionclinic.com/

# **Medical Clinics**

Story Medical Clinic-Slater 600 S Linn St #B, Slater (515) 685-3960 http://www.storymedical.org/

UnityPoint Clinic Family Medicine at Huxley 305 US 69, Huxley (515) 597-2600 <a href="https://www.unitypoint.org/clinics/Default.aspx">https://www.unitypoint.org/clinics/Default.aspx</a>

# Cambridge/Collins/Maxwell

# **Medical Clinics**

Story Medical Clinic-Maxwell 403 First St, Maxwell

(515) 387-8815

http://www.storymedical.org/Clinics/MMC/index.aspx

Offers general family health care for acute or chronic health concerns to medically insured, uninsured and underinsured Story County residents. Financial assistance may be available.

Table of Contents

# McCallsburg/Zearing

# **Medical Clinics**

Story Medical Clinic-Zearing 112 West Main St, Zearing (641) 487-7779

http://www.storymedical.org/Clinics/ZMC/index.aspx

Provides health services to medically insured, uninsured and underinsured Story County residents. Financial assistance may be available.

# \*Parenting Resources\*

# ISU Campus

# **Campus Child Care**

The Comfort Zone-Get Well Program

100 University Village (at the North side of the building), ISU Campus; Mon-Fri 8:30 a.m.-4:30 p.m. (515) 294-3333

http://www.universitycommunitychildcare.org/Comfort-Zone.html

Care for children infancy through 5<sup>th</sup> grade who are mildly ill or recovering from a health problem. Open during the academic year. Closed summers. Must pre-register prior to using services.

# \*Open to the public.

ISU Child Care & Family Resources

Family Resource Center, 100 University Village, Ames; Mon-Fri 8 a.m.-5 p.m.

(515) 294-8827 or (515) 294-3149

http://www.hrs.iastate.edu/hrs/childcare

Provides information to ISU student, faculty and staff parents on child care services, resources, and programs available on campus and in the community. For help paying for child care services, assistance may be available for income eligible student families.

ISU Child Care Center at Veterinary Medicine

1700 Christensen Dr, ISU Campus; Mon-Fri 7 a.m.-6 p.m.

(515) 294-2273

http://child-care-preschool.brighthorizons.com/IA/Ames/iowastate

Care is provided for infant through young school-age children. Rates are based on a sliding fee scale.

ISU Child Development Laboratory School

4380 Palmer, Suite 0351, ISU Campus; Mon-Fri 7:30 a.m.-5:30 p.m.

(515) 294-3040

http://www.cdls.hs.iastate.edu/

Care is provided for infant through preschool children. Rates are based on a sliding fee scale.

# \*Community Enrollment is accepted.

University Community Childcare

100 University Village, ISU Campus; Mon-Fri 7 a.m.-5:30 p.m.

(515) 294-9838

http://www.universitycommunitychildcare.org/

Care is provided for infant through school-age children. Rates are based on a sliding fee scale.

# **Parent Support Groups**

ISU Parents As Students Support (PASS) Group

ISU Campus

(515) 294-3149 or <a href="mailto:ccfamily@iastate.edu">ccfamily@iastate.edu</a> https://www.facebook.com/iowastatepass

Provides opportunities for social connections, support, education, and campus and community resources.

**Table of Contents** 

# **Ames**

#### **Child Care Assistance**

Iowa Department of Human Services (DHS) Child Care Assistance 126 S Kellogg Ave, Suite 101, Ames (515) 292-2035

http://dhs.iowa.gov/child-care

Financial assistance available to children of income eligible parents who are absent for a portion of the day due to employment or participation in academic or vocational training or PROMISE JOBS activities. \*\*Assistance is available in each county throughout the state of lowa.

# Off-Campus Child Care Search

Child Care Resource & Referral (CCR&R) of Central Iowa (515) 246-3563

http://iowaccrr.org/

Parent Referral Counselors provide a customized search for a list of child care providers and back-up child care within Central Iowa. You can also conduct a search online.

\*Assistance is available for each county throughout the state of lowa.

lowa Department of Human Services (DHS) Online Child Care Provider Search <a href="http://dhs.iowa.gov/childcare">http://dhs.iowa.gov/childcare</a>

Find a child care provider to meet your needs and search a listing of all licensed child care centers and registered home providers.

For information regarding Mid Iowa Community Action (MICA) Head Start Programs for 3 and 4year olds in your area, please contact the MICA Administrative Offices at (641) 752-7162.

#### **Parenting Classes**

Lutheran Services of Iowa People Place Ames

(515) 233-1677

http://lsiowa.org/index.php/services/children-youth-family/people-place/programs/

Provides programming on child development, special needs, stress and grief, etc. Many programs are low cost or free for families.

# **Parent Support Groups**

Central Iowa ASPIRE (Autism Spectrum Parent Information Resources & Education) Support Group Heartland AEA 11 office, 511 S 17<sup>th</sup> St, Ames; First Tuesday of each month 6:30-8:30 p.m. (515) 232-7583 ext 12327 or (515) 382-5066

http://autismchamps.org/parent-support-groups/

La Leche League International

Northminster Presbyterian Church, 1416 20<sup>th</sup> St, Ames; 1<sup>st</sup> Tuesday of the month @ 7 p.m.

http://www.llli.org/groups/@llli\*group\*ames

All breastfeeding mothers and mothers-to-be interested in breastfeeding are welcome. Contact Jenny (515) 339-1231 <a href="www.woodj2@msn.com">woodj2@msn.com</a> or Suzanne (515) 233-3927 <a href="www.screeninger.gov/scree

Lutheran Services in Iowa (LSI) People Place 219 6<sup>th</sup> St, Ames; Mon-Fri 9 a.m.-5 p.m. (515) 233-1677

http://lsiowa.org/index.php/services/children-youth-family/people-place/

Community center providing parenting groups, home visits, drop in child care and programming on child development. Many programs are low to no cost for families. Child care is provided at on-site programs.

**Table of Contents** 

# Schools (Preschool)

Northwood Preschool Center 3012 Duff Ave, Ames (515) 268-2470 http://www.ames.k12.ia.us/schools/northwood-preschool-center/

Edwards Elementary School 820 Miller Ave, Ames (515) 239-3760 http://www.ames.k12.ia.us/schools/edwards-elementary/

Fellows Elementary School 1400 McKinley Dr, Ames (515) 239-3765 http://www.ames.k12.ia.us/schools/fellows-elementary-school/

Meeker Elementary School 300 20<sup>th</sup> St, Ames (515) 239-3770 http://www.ames.k12.ia.us/schools/meeker-elementary-school/

Mitchell Elementary School 3521 Jewel Dr, Ames (515) 239-3775 http://www.ames.k12.ia.us/schools/edwards-elementary-school/

Sawyer Elementary School 3622 Woodland St, Ames (515) 239-3790 http://www.ames.k12.ia.us/schools/sawyer-elementary-school/

Ames Middle School 3915 Mortensen Rd, Ames (515) 268-2400 http://www.ames.k12.ia.us/schools/middle-school/

Ames High School 1921 Ames High Dr, Ames (515) 817-0600 http://www.ames.k12.ia.us/schools/high-school/

Iowa State University Ames, IA (515) 294-4111 http://www.iastate.edu/

DMACC (Des Moines Area Community College) Career Academy Hunziker Center 1420 Bell Ave, Ames (515) 663-6700

https://go.dmacc.edu/ames/Pages/welcome.aspx

**Table of Contents** 

# Colo/Nevada

# **Schools**

Nevada Community Preschool (515) 382-2383 Nevada http://www.nevadacubs.org/elementary/grade-sites/preschool

Central Elementary School 925 H Ave, Nevada (515) 382-2383 http://www.nevadacubs.org/elementary

Nevada Middle School 1035 15<sup>th</sup> St, Nevada (515) 382-2751 http://www.nevadacubs.org/middle-school

Nevada High School 1001 15<sup>th</sup> St, Nevada (515) 382-3521 http://www.nevadacubs.org/high-school

Colo-NESCO Early Learning Center 400 Latrobe (located in McCallsburg) (515) 434-2302 http://www.colo-nesco.k12.ia.us/early-learning-center

Colo-NESCO Elementary School 407 North Center (located in Zearing) (641) 487-7411 http://www.colo-nesco.k12.ia.us/elementary-school

Colo-NESCO Intermediate School 919 West St, Colo (641) 377-2284 http://www.colo-nesco.k12.ia.us/intermediate-school

Colo-NESCO Jr/Sr High School 919 West St, Colo (641) 377-2282 http://www.colo-nesco.k12.ia.us/schools/jrsrhigh

# Gilbert/Milford Twp/Roland/Story City

# **Schools**

Gilbert Elementary School 109 Rothmoor Dr, Gilbert (515) 232-3744 http://gilbert.k12.ia.us/elementary/about

Gilbert Intermediate School

103 Mathews Dr, Gilbert (515) 232-3748 http://gilbert.k12.ia.us/intermediate/about Gilbert Middle School 201 E Mathews Dr, Gilbert (515) 232-0540

**Table of Contents** 

Gilbert High School 312 Gretten St, Gilbert (515) 232-3738 http://gilbert.k12.ia.us/high/about

http://gilbert.k12.ia.us/middle/about

Roland-Story Elementary School 900 Hillcrest Dr, Story City (515) 733-4386 http://www.roland-story.k12.ia.us/es/index.php

Roland-Story Middle School 206 S Main, Roland (515) 388-4348 http://www.roland-story.k12.ia.us/ms/index.php

Roland-Story High School 900 Hillcrest Dr and 1009 Story St, Story City (515) 733-4329 http://www.roland-story.k12.ia.us/hs/index.php

# Huxley/Kelley/Sheldahl/Slater

# **Schools**

Ballard West Elementary School (Grades EK-2) 105 E Main, Slater (515) 228-3890 http://www.ballard.k12.ia.us/ShowWest.aspx

Ballard East Elementary School (Grades 3-5) 505 W 4<sup>th</sup> St, (located in Cambridge) (515) 220-4306 http://www.ballard.k12.ia.us/ShowEast.aspx

Ballard Middle School (Grades 6-8)

509 N Main, Huxley (515) 597-2815 http://www.ballard.k12.ia.us/ShowMS.aspx

Ballard High School 701 Ballard Dr, Huxley (515) 597-2971 http://www.ballard.k12.ia.us/ShowHS.aspx

Table of Contents

# Cambridge/Collins/Maxwell

# **Schools**

Collins-Maxwell Elementary 416 4<sup>th</sup> Ave, Collins (641) 385-2446 http://www.collins-maxwell.k12.ia.us/

Collins-Maxwell Middle School-High School 400 Metcalf St, Maxwell (515) 387-1115 <a href="http://www.collins-maxwell.k12.ia.us/">http://www.collins-maxwell.k12.ia.us/</a>

# \*Support Services\*

# ISU Campus

# Counseling & Consultation Services

Employee Assistance Program (EAP) ISU Campus (800) 327-4692

http://www.efr.org/workplace/my-eap

Provides free, confidential services to ISU employees and their families, including counseling, legal consultation, financial consultation, elder care and life coaching.

Network Community Counseling Services Rm 56, Science Hall 1, ISU Campus (515) 294-1898

http://www.networkcounseling.com/

Offers individual and group counseling. Available to ISU students and the public.

#### Student Counseling Service

Student Services Building-3<sup>rd</sup> Floor, ISU Campus; Mon-Fri 8 a.m.-5 p.m. (515) 294-5056

# http://www.counseling.iastate.edu/

Assists ISU students in addressing personal stress, relationship problems, mood or motivation problems, substance abuse, etc.

#### Student Legal Services

0367 Memorial Union, ISU Campus; Mon-Fri 8 a.m.-5 p.m. (515) 294-0978

# http://www.dso.iastate.edu/sls/

Legal advice and assistance in consumer issues, landlord-tenant problems, family law and divorce, etc. Services are free to ISU students and student groups.

# Student Loan Education Office

0680 Beardshear Hall, ISU Campus; Mon-Fri 8 a.m.-4:30 p.m. (walk-ins welcomed) (515) 294-0677

#### http://www.financialaid.iastate.edu/loan-education/

Assists ISU students with reducing their educational borrowing, while learning to effectively manage their finances while pursuing a college degree.

# Women's Resources

Margaret Sloss Women's Center

205 Sloss House, ISU Campus; Mon-Fri 8 a.m.-5 p.m.

(515) 294-4154 or womenctr@iastate.edu

Provides a space to relax, study and meet new people. Provides resources, referrals and counseling to all students, staff and faculty at ISU.

#### **Ames**

# **Counseling & Consultation Services**

Ames Counseling and Psychological Services 3600 W Lincoln Way Ste 4, Ames (515) 239-4410

http://www.amespsych.com/

Provides individual, couples and family counseling and psychological evaluations of children and adults.

Assault Care Center Extending Shelter & Support (100000)

Ames

(515) 292-5378

https://www.assaultcarecenter.org/en/locations/story\_county/

Provides free and confidential support to victims of sexual violence. Services include sexual and domestic abuse counseling and emergency shelter. For more information, please contact Angie Schreck at <a href="mailto:director@assaultcarecenter.org">director@assaultcarecenter.org</a>.

Creative Counseling Services 208 5<sup>th</sup> St #103, Ames (515) 233-1699 http://www.ccsames.org/

Offers therapy and substance abuse counseling services to individuals and families. To access Behavioral Health Intervention Services (BHIS), the individual must be Medicaid eligible.

Lutheran Services in Iowa (LSI) 1323 Northwestern Ave, Ames (515) 232-7416

http://lsiowa.org/

Provides counseling and therapy services to children, youth and families.

Planned Parenthood

2530 Chambe<mark>rlain St</mark>, Ames; Mon 12-8 p.m.; Tue 1-5 p.m.; Wed 9 a.m.-2 p.m.; Thu-Fri 9 a.m.-5 p.m. (877) 811-7526

http://www.plannedparenthood.org/health-center/iowa/ames/50014/ames-center-2385-90380?utm\_campaign=ames-health-center&utm\_medium=organic&utm\_source=local-listing Delivers reproductive health care and information to men, women and young adults.

Youth & Shelter Services

Family Life Center, 125 S 3<sup>rd</sup> St, Ames; Mon-Thu 9 a.m.-6 p.m., Fri 9 a.m.-4:30 p.m. (515) 233-3141

http://www.yss.ames.ia.us/index.cfm?nodeID=20864&audienceID=1

Provides direct care services, such as homeless youth services, adolescent pregnancy prevention, individual and family therapy, mentoring, etc.

Youth & Shelter Services-Stork's Nest (515) 233-3141 ext. 4410

http://www.yss.ames.ia.us/en/programs/stork s nest/

The program enrolls women during pregnancy and provides educational classes on infant care, baby clothing, nursery supplies, and referrals to community services and activities.

# Mental Health & Disability Services

The Arc of Story County

130 S Sheldon Ave #302, Ames; Mon-Thu 8 a.m.-8 p.m.; Fri 8 a.m.-7 p.m.; Sat 9 a.m.-7 p.m. (515) 232 9330

http://www.thearcstory.org/

Provides family services to individuals with intellectual and developmental disabilities.

Barclay & Associates PC

1525 Airport Rd #101, Ames; Mon-Thu 8:30 a.m.-8:30 p.m., Fri 8:30 a.m.-5 p.m. (515) 292-3023

http://www.drbarclav.com/

Provides mental health services to families.

**Table of Contents** 

Central Iowa Psychological Services

223 Walnut, Ames; Mon-Fri 9 a.m.-5 p.m.

(515) 233-1122

http://www.iowacounseling.com/

Offers comprehensive substance abuse services, psychological assessments and counseling for children through adults, couples, and families.

Community & Family Resources

1619 S High Ave, Ames; Mon-Fri 9 a.m.-5 p.m.

(515) 232-5811

http://www.cfrhelps.org/

Provides comprehensive substance abuse, problem gambling, prevention, and mental health services.

Eyerly Ball Community Mental Health Services

2521 University Blvd, Ames

(515) 598-3300; Open 24 hours

http://eyerlyball.org/

Services offered to individuals age 18 or older who are experiencing a mental health crisis.

Life-Line Resources

410 5th St, Ames

(515) 233-2125

http://www.life-lineresources.com/ames.html

Provides behavioral health intervention, child mental health, and therapy and counseling services.

Mainstream Living

2012 E 13th St, Ames

(515) 232-8405

http://www.mainstreamliving.org/

Provides community housing and psychosocial rehabilitation services to individuals with disabilities.

Story County Central Iowa Case Management

126 S Kellogg Ave, Suite 001, Ames; Mon-Fri 8 a.m.-4:30 p.m.

(515) 663-2930

http://www.storycountyiowa.gov/index.aspx?NID=341

Provides support and advocacy to people with chronic mental illness and developmental disabilities. Must be enrolled in Medicaid and meet additional criteria.

# **Senior Services**

Heartland Senior Services 205 S Walnut Ave, Ames (515) 233-6986

https://www.heartlandseniorservices.com/en/about\_us/

Provides nutrition, adult day care, activities and outreach to all residents over the age of 60 in Story County.

# Women's Resources

Birthright of Ames 108 Hayward Ave #202, Ames; Mon-Wed and Fri 12-5 p.m.; Thu 12-6 p.m. (515) 292-8414

http://birthright.org/en/our-services

Provides free pregnancy tests, maternity and baby clothes, information on prenatal development and care, and referrals to additional support services.

**Table of Contents** 

Mid-Iowa Community Action (MICA) Maternal Health 230 SE 16<sup>th</sup> St, Ames (515) 956-3333

http://www.micaonline.org/#!maternal-health/cgec

Provides education, resources, and support both pre-and post-partum. Must be pregnant, reside in Story County, qualify for or receive WIC or Medicaid services, and have an income at or below 375% of the federal poverty level.

# Colo/Nevada

# Counseling & Consultation Services

Combes Counseling & Consulting 406 West St, Colo (515) 291-4014 Provides family counseling.

Legal Aid Society of Story County 937 6th St, Nevada; Mon-Fri 9 a.m.-5 p.m. (515) 382-2471

http://www.legalaidstory.com/

Provides low cost or free legal representation to low-income families in Story County.

Youth & Shelter Services 830 6<sup>th</sup> St, Nevada (515) 382-6874

http://www.yss.ames.ia.us/en/locations/eastern\_story\_county/

Provides direct care services, such as homeless youth services, adolescent pregnancy prevention, individual and family therapy, mentoring, etc.

# **Mental Health & Disability Services**

Krysilis 221 S 11<sup>th</sup> St, Nevada (641) 585-3050 ext. 204 http://www.krysilis.org/

Provides support for individuals with disabilities. Services include living, employment and personal support.

Mosaic

221 S 11th St, Nevada

(515) 382-5520

http://www.mosaicinfo.org/location/mosaic-north-central-iowa

Provides services for individuals with intellectual disabilities. Services include transportation, vocational training and specialized therapies.

# Cambridge/Collins/Maxwell

#### **Senior Services**

Heartland Senior Services 84 Main St, Maxwell (515) 387-1133

https://www.heartlandseniorservices.com/

Provides nutrition, adult day care, activities and outreach to all residents over the age of 60 in Story County.

Table of Contents

#### **Ames**

### **Ground Transportation**

**CIT Signature Transportation** 

1501 E Lincoln Way, Ames; Mon-Fri 8 a.m.-5 p.m.

(515) 233-0286

http://citbus.com/

Charter, Limousine, and Convention and Shuttle services.

Cyclone Cab

2006 E Lincoln Way, Bldg #2, Ames; Open 24 hours

(515) 233-3324

http://www.taxiserviceames.com/

Taxi service, airport shuttle service, and medical appointment transportation.

CyRide

Office: 1700 University Blvd, Ames; Mon-Fri 8 a.m.-6 p.m., Sat 12-5 p.m.

(515) 292-1100

http://www.cyride.com/index.aspx?page=1

ISU campus and Ames city bus system. ISU students with a current ISUCard ride free. Regular fare is \$1.25 (\$0.60 for reduced fare and free for children 5 years and younger). Monthly and yearly passes are available for purchase.

HIRTA Dial-A-Ride: CyRide

721 E Lincoln Way, Ames; Mon-Fri 7:30 a.m.-4:30 p.m.

(877) 686-0029

http://www.cyride.com/index.aspx?page=1257

Door-to-door service within Ames for individuals with disabilities. Rides must be scheduled by 4:30 p.m. of the night before travel.

HIRTA Regional Transportation (877) 686-0029

Services offered throughout Story County. Anyone can access this service. Must reserve 24 hours in advance. \*\*Available for medical trips to Des Moines hospitals/clinics.\*\* \$2 one way in Ames and \$4 outside of Ames.

Jefferson Lines-College Connection

Ames Intermodal Station, 129 Hayward Ave, Ames (tickets, information and pickup location); Mon-Fri 9 a.m.-1 p.m. and 2-5 p.m. (515) 232-2404

https://www.jeffersonlines.com/college-connection/iowa-state-university-science-technology.asp Bus company that provides scheduled service and group travel services.

Volunteer Transportation Program (515) 292-8890 or (515) 733-4917

Provides transportation to Story County residents. Priority given to those needing rides to in-county medical appointments. Must reserve 48 hours in advance.

### **Iowa Department of Transportation (DOT)**

3708 Lincoln Way, Ames (515) 296-2393

http://www.iowadot.gov/index.html#/services

### **Transportation Assistance**

**Table of Contents** 

City of Ames Community Development Block Grant (CDBG) Transportation Assistance Program City Hall, 515 Clark Ave (515) 239-5380

http://www.cityofames.org/index.aspx?page=1974

Assists eligible low-income households with transportation needs. The applicant may select 1 type of assistance (a \$250 fuel voucher, 3 full months of CyRide passes, or \$100 in HIRTA Bucks). Processed on first-come, first-served basis. Must be an Ames resident.

**Table of Contents** 

# \*Job Placement\*

# Ames

# **Employment Agencies**

Express Employment Professionals 1110 Buckeye Ave, Ames; Mon-Fri 8 a.m.-5 p.m. (515) 233-5933

http://www.expresspros.com/amesia/

Offers full-time, part-time, and temporary positions.

Jacobson Staffing 319 Lincoln Way, Ames; Mon-Fri 8 a.m.-4:30 p.m. (515) 233-1045 Temp agency.

Manpower

1103 Buckeye Ave #101, Ames

(515) 232-2340

http://www.manpower.us/en/Offices/default.htm?&service-lob=s&preferred-language=en&preferred-country=us&hcmid=fsos-ia001&

Offers permanent, temporary and temporary-to-permanent placement, employee assessment and selection, training, and consulting services.

PROMISE JOBS 122 Kellogg Ave, Ames (515) 232-6859

http://www.iowaworkforce.org/region11/promisejobs.htm

Welfare reform program. Assists FIP recipients to become self-sufficient. Offers career transition, money management, education, training, parenting skills, etc.

**QPS Employment Group** 

2010 Philadelphia St #3, Ames; Mon-Fri 8 a.m.-4 p.m.

(515) 266-6700

#### http://www.qpsemployment.com/

Offers temporary, tem-to-hire, and direct-hire job opportunities.

#### Colo/Nevada

# **Employment Agencies**

Experience Works 25808 680<sup>th</sup> Ave, Colo (641) 377-2845

http://www.experienceworks.org/site/PageServer

Provides training, community services, and employment opportunities for older workers.

Table of Contents

### \*Recreation\*

# ISU Campus

# **Gyms**

Beyer Hall ISU Campus

http://www.recservices.iastate.edu/facilities/beyer

Features a pool and basketball, volleyball, racquetball and squash courts.

Lied Recreation Athletic Center ISU Campus (515) 294-7140

http://www.recservices.iastate.edu/facilities/lied

Features indoor tracks, steam rooms, weight room/fitness area and racquetball, basketball, volleyball and badminton courts.

State Gym ISU Campus (515) 294-4980

http://www.recservices.iastate.edu/facilities/stategym

Features a pool, weight room/fitness area and basketball, volleyball and badminton courts.

#### Libraries

Iowa State University Parks Library Osborn Dr & Morrill Rd, ISU Campus (515) 294-3642 http://www.lib.iastate.edu/info/6000

### Museums

Brunnier Art Museum 2<sup>nd</sup> floor of the Scheman Building, ISU Campus; Tue-Fri 11 a.m.-4 p.m., Sat-Sun 1-4 p.m. (515) 294-3342 http://www.museums.iastate.edu/BAM.html

Decorative arts collection. Cost is free (suggested donation of \$3 per visitor). Open to the community.

Christian Petersen Art Museum

1017 and 0003 Morrill Hall, ISU Campus; Mon-Fri 11 a.m.-4 p.m.

(515) 294-3342

http://www.museums.iastate.edu/CPAM.html

Works of art by Christian Peterson and works of contemporary art. Cost is free (suggested donation of \$3 per visitor). Open to the community.

Farm House Museum

Farm House, ISU Campus; Mon-Fri 12-4 p.m.

(515) 294-3342

http://www.museums.iastate.edu/Farm%20House.html

Monument to early lowa State history and culture. Cost is free (suggested donation of \$3 per visitor). Open to the community.

### **Additional Campus Entertainment**

Bowling & Billiards

Memorial Union Lower Level

(515) 294-1233

http://www.sac.iastate.edu/en/arts\_entertainment/cybowl\_\_billiards/bowling\_and\_billiards/

Table of Contents

#### **Golf Courses**

Ames Golf & Country Club 5752 George Washington Carver Ave, Ames (515) 232-8334

http://www.amesgolfcc.com/

Coldwater Golf Links 1400 S Grand Ave, Ames (515) 233-4664 http://www.coldwatergolf.com/

Homewood Golf Course 401 E 20<sup>th</sup> St, Ames (515) 239-5363

http://www.cityofames.org/index.aspx?page=503&recordid=56

Veenker Memorial Golf Course 1935 Stange Rd, Ames http://www.veenkergolf.com/

#### Libraries

Ames Public Library
515 Douglas Ave, Ames; Mon-Thu 9 a.m.-9 p.m., Fri-Sat 9 a.m.-6 p.m., Sun 1-5 p.m.
(515) 239-5646
http://www.amespubliclibrary.org/

# **Movie Theatres**

Cinemark Movies 12 1317 Buckeye Ave, Ames (515) 232-5066

#### **Parks**

Ada Hayden Heritage Park 5205 Grand Ave, Ames (515) 239-5360

http://www.cityofames.org/index.aspx?page=503&recordid=61

Features a fishing lake, hiking and biking trails, picnic shelter and wetlands for bird-watching.

Ames Dog Park

605 Billy Sunday Rd, Ames; Mon-Fri 6 a.m.-8 p.m., Sat 9 a.m.-1 p.m., Sun 3-7 p.m. (515) 239-5355

http://www.cityofames.org/index.aspx?page=503&recordid=59

Must obtain a Facility Use Permit.

Bandshell Park 6<sup>th</sup> St & Duff Ave, Ames (515) 239-5365

http://www.cityofames.org/index.aspx?page=471&recordid=9

Features a picnic area and playground.

**Table of Contents** 

Brookside Park
1325 6<sup>th</sup> St, Ames
(515) 239-5350 (for reservations)
<a href="http://www.cityofames.org/index.aspx?page=471&recordid=18">http://www.cityofames.org/index.aspx?page=471&recordid=18</a>
Features volleyball and tennis courts, ball fields and a wading pool.

Charles & June Calhoun Park 4320 Dawes Dr, Ames <a href="http://www.cityofames.org/index.aspx?page=503&recordid=60">http://www.cityofames.org/index.aspx?page=503&recordid=60</a> Features a picnic area.

Christofferson Park 2130 Oakwood Rd, Ames

http://www.cityofames.org/index.aspx?page=503&recordid=13

Features a playground and walking path.

Christopher Gartner Park
400 Abraham Dr, Ames
(515) 239-5350 (for reservations)
<a href="http://www.cityofames.org/index.aspx?page=503&recordid=78">http://www.cityofames.org/index.aspx?page=503&recordid=78</a>
Features a playground and paved bike path.

Country Gables Park 500 Crystal St, Ames

http://www.cityofames.org/index.aspx?page=503&recordid=77

Features basketball courts and a playground.

Daley Park 340 Wilder Blvd, Ames (515) 239-5350 (for reservations)

http://www.cityofames.org/index.aspx?page=503&recordid=76

Features basketball courts, a picnic area, and a walking path and pave bike path.

**Duff Park** 

1323 Duff Ave, Ames

http://www.cityofames.org/index.aspx?page=503&recordid=348

Features basketball courts and a playground.

Emma McCarthy Lee Park

Ross Rd, Ames

(515) 239-5350 (for reservations)

http://www.cityofames.org/index.aspx?page=503&recordid=51

Features a playground, and tennis and sand volleyball courts.

Franklin Park

147 S Franklin Ave, Ames

http://www.cityofames.org/index.aspx?page=503&recordid=75

Features basketball courts.

Gateway Park

1500 Gateway Hills Park Drive, Ames

(515) 239-5349 (for tournament and outing reservations)

http://www.cityofames.org/index.aspx?page=503&recordid=357

Features free disc golf.

**Table of Contents** 

Greenbriar Park

1120 S 16th St. Ames

http://www.cityofames.org/index.aspx?page=503&recordid=57

Features a walking path.

Hutchison Park

4517 Hutchison, Ames

http://www.cityofames.org/index.aspx?page=503&recordid=73

Features basketball courts.

Inis Grove Park

2500 Duff Ave. Ames

(515) 239-5350 (for reservations)

http://www.cityofames.org/index.aspx?page=503&recordid=54

Features a nature area and playground, basketball courts and horseshoes.

Lloyd Kurtz Park

Bloomington Rd & Hyde, Ames

http://www.cityofames.org/index.aspx?page=503&recordid=72

Features basketball and sand volleyball courts.

Moore Memorial Park

3050 Northridge Parkway, Ames

(515) 239-5350 (for reservations)

http://www.cityofames.org/index.aspx?page=503&recordid=52

Features a nature area and playground, a walking path and paved bike path.

Moore Park (Beach Ave)

1101 Beach Ave, Ames

http://www.cityofames.org/index.aspx?page=503&recordid=71

Features basketball courts.

Old Town Park 826 Douglas Ave http://www.cityofames.org/index.aspx?page=503&recordid=70 Features a playground.

O'Neil Park
300 South Maple Ave, Ames
<a href="http://www.cityofames.org/index.aspx?page=503&recordid=69">http://www.cityofames.org/index.aspx?page=503&recordid=69</a>
Features basketball courts, ballfields and a playground.

Parkview Park
2501 Pierce
<a href="http://www.cityofames.org/index.aspx?page=503&recordid=68">http://www.cityofames.org/index.aspx?page=503&recordid=68</a>
Features basketball courts.

Patio Homes West Park
1515 Idaho, Ames
<a href="http://www.cityofames.org/index.aspx?page=503&recordid=67">http://www.cityofames.org/index.aspx?page=503&recordid=67</a>
Features basketball courts.

Table of Contents

River Valley Park
725 E 13<sup>th</sup> St, Ames
(515) 239-5350 (for reservations)
<a href="http://www.cityofames.org/index.aspx?page=503&recordid=53">http://www.cityofames.org/index.aspx?page=503&recordid=53</a>
Features sand volleyball courts, horseshoes and a nature area.

Skate Park
Brookside Park, 1330 6th St, Ames; Open from daylight to 10:30 p.m. <a href="http://www.cityofames.org/index.aspx?page=503&recordid=173">http://www.cityofames.org/index.aspx?page=503&recordid=173</a>
Accommodates skateboards and inline states only.

Squaw Creek Park
South Maple and 4<sup>th</sup> St, Ames
<a href="http://www.cityofames.org/index.aspx?page=503&recordid=55">http://www.cityofames.org/index.aspx?page=503&recordid=55</a>
Features a paved bike path and community gardens.

Stuart Smith Park
1501 S 4<sup>th</sup> St, Ames
(515) 239-5120
<a href="http://www.cityofames.org/index.aspx?page=503&recordid=66">http://www.cityofames.org/index.aspx?page=503&recordid=66</a>
Features a playground and paved bike path.

Teagarden Park
3501 Emerald Dr, Ames
<a href="http://www.cityofames.org/index.aspx?page=503&recordid=65">http://www.cityofames.org/index.aspx?page=503&recordid=65</a>
Features a playground.

Parks & Recreation Centers City of Ames Community Center 515 Clark Ave, Ave (515) 239-5350

### http://www.cityofames.org/index.aspx?page=503&recordid=352

Offers open gym, Play Pals indoor playground, adult badminton, drop in basketball, volleyball, and a weight room and cardio room.

City of Ames Parks and Recreation 1500 Gateway Hills Park Dr, Ames (515) 239-5350

http://www.cityofames.org/index.aspx?page=138

Offers adult recreation and sports leagues, youth recreation, fitness classes and wellness programs.

#### **Pools**

Furman Aquatic Center 1635 13<sup>th</sup> St, Ames (515) 239-5434 (for updated hours and cancellation info)

http://www.cityofames.org/index.aspx?page=503&recordid=58

Includes a recreational pool, lazy river and 50 meter pool. "Aqua Route" (CyRide bus) runs daily throughout the summer.

Municipal Indoor Pool 1925 Ames High Dr, Ames (515) 232-4561

http://www.cityofames.org/index.aspx?page=503&recordid=101

**Table of Contents** 

### **Additional Community Entertainment**

Ames/ISU Ice Arena 1507 Gateway Hills Park Dr, Ames (515) 292-6835

http://www.cityofames.org/index.aspx?page=503&recordid=359

Features ice skating and recreational adult hockey league. Birthday parties may be hosted in the "Igloo."

Durham Bandshell (located at Bandshell Park)

6th St & Duff Ave, Ames

http://www.cityofames.org/index.aspx?page=503&recordid=358

Concert venue and concession stands.

Perfect Games 1320 Dickinson Ave, Ames (515) 598-2695

http://perfectgamesinc.com/PG/index.php/en/

Offers bowling, an arcade, laser tag, pizza and sports bar.

Reiman Gardens

1407 University Blvd, Ames; Mon-Sun 9 a.m.-4:30 p.m.

(515) 294-2710

http://www.reimangardens.com/

Explore a large variety of plants, unique art and architecture, and tropical butterflies. Children to adult-age are welcome.

### Colo/Nevada

Libraries

Colo Public Library

309 Main St, Colo; Mon/Thu/Fri 11 a.m.-6 p.m., Wed 11 a.m.-8 p.m., Sat 9 a.m.-4 p.m. (641) 377-2900

http://www.colo.lib.ia.us/

Nevada Public Library

631 K Ave, Nevada; Mon-Thu 10 a.m.-8 p.m., Fri 10 a.m.-6 p.m., Sat 10 a.m.-4 p.m. (515) 382-2628

http://www.nevada.lib.ia.us/

#### **Parks**

4-H Park/Meadow Lane Intersection of I Ave & 1<sup>st</sup> St, Nevada Features basketball courts and a playground.

Harrington Park

Lincoln Highway, Nevada

Features softball diamonds and sand volleyball courts, a disc golf course, and skate park.

Walker-Hattery Park Q Ave & 6<sup>th</sup> St, Nevada Features basketball courts.

Kiwanis Park

11th St at F Ave, Nevada

Features space for baseball, softball and soccer.

Mardean Park

Table of Contents

South 12th St & South I Ave, Nevada

Features a baseball field and basketball courts.

#### **Parks & Recreation Centers**

Colo-Nesco Park & Recreation

http://www.colonescorec.org/

\*Provides recreational activities for all ages in Colo, Zearing, McCallsburg and surrounding communities.

Nevada Parks & Recreation 825 15<sup>th</sup> St, Ames (515) 382-4325

http://www.cityofnevadaiowa.org/nevada-departments-parks.php

Offers aquatics, sports, social/cultural, wellness, instructional, trips, and special events for all ages.

S.C.O.R.E Recreation/Athletic Complex 4-Plex

825 15th St, Nevada

(515) 382-4352 (for field rental, tournaments and league play)

http://www.cityofnevadaiowa.org/pdf/SCORE\_Facility\_Use\_Agreement.pdf

Includes 4 tournament lighted fields and concession stands.

### **Pools**

Fawcett Family Aquatic Center 1717 Fawcett Parkway, Nevada

http://www.cityofnevadaiowa.org/nevada-departments-parks-aquatic.php

Outdoor facility with waterslides, water play features, sand volleyball, sand play area, shade funbrellas, lounge chairs, lap swimming area, diving board, and concession stands.

# **Additional Community Activities**

Indian Creek Golf Course 63012 260<sup>th</sup> St, Nevada; Mon –Fri 7 a.m.-5 p.m. (515) 382-9070 http://indiancreekcc.com/

Sports Bowl 1229 12<sup>th</sup> St, Nevada (515) 382-2500 Bowling alley.

# Gilbert/Milford Twp/Roland/Story City

#### **Golf Courses**

Riverbend Golf Course 720 Forest Ave, Story City (515) 733-2611 http://www.riverbendgc.net/

#### Libraries

Bertha Bartlett Public Library 503 Broad St, Story City; Mon/Tue/Thu 10 a.m.-8 p.m., Wed/Fri/Sat 10 a.m.-5 p.m., Sun 1-5 p.m. (515) 733-2685 http://www.storycity.lib.ia.us/

Table of Contents

Roland Public Library 221 N Main St, Roland; Mon-Fri 10 a.m.-7 p.m., Sat 10 a.m.-4 p.m. (515) 388-4086 http://www.roland.lib.ia.us/

#### **Parks**

Banford Park; Lions Park; Upstill Park Gilbert

http://cityofgilbertiowa.com/education-recreation/parks/

Features soccer and baseball fields.

Britson Park & Athletic Complex South Side of Maple Street (County Rd E-18), Roland Features 2 softball/little league baseball fields and a large open area for soccer.

Erickson Park
East Maple St & North Park St, Roland
Features a playground area.

Jacobson Bear Creek Park Samson St, Roland Nature park.

Pool Park West Maple St & Norsemen Dr, Roland Features a swimming pool and basketball and tennis courts.

#### **Parks & Recreation Centers**

Gilbert Parks and Recreation 119 Christian Petersen, Gilbert (515) 290-9687

http://www.gilbertyouthsports.com/index.html

Offers sports programs for youth in the Gilbert area.

Story City Recreation Center 826 Elm Ave, Story City; Mon-Fri 9 a.m.-5 p.m. (515) 733-2458 http://cityofstorycity.org/parksandrec/

#### **Pools**

Roland Municipal Swimming Pool Roland

http://cityofroland.org/parks-and-rec/roland-municipal-swimming-pool/

### **Additional Community Entertainment**

Storybook Orchard 12832 Royal Orchard Dr, Story City (515) 733-4474 Apple orchard.

Story City Carousel 102 City Park, Story City; Mon-Fri 9 a.m.-5 p.m. (515) 733-4214 http://www.storycity.net/antique-carousel/

Amusement center.

Table of Contents

# Huxley/Kelley/Sneldani/Slater

#### Libraries

Huxley Public Library 515 N Main Ave, Huxley (2<sup>nd</sup> floor) (515) 597-2552 http://www.huxleyiowa.org/Public-Library/Library-Home/

nttp://www.nuxleylowa.org/Public-Library/Library-Home/

Slater Public Library
105 N Tama, Slater; Mon-Thu 10 a.m.-7 p.m., Fri 10 a.m.-5 p.m., Sat 10 a.m.-12 p.m.
(515) 228-3558
<a href="http://www.slaterlibrary.org/">http://www.slaterlibrary.org/</a>

#### **Parks**

Berhow Park 509 ½ East 5<sup>th</sup> St, Huxley <a href="http://www.huxleyiowa.org/Parks-and-Rec/berhow-park.html">http://www.huxleyiowa.org/Parks-and-Rec/berhow-park.html</a> Features a walking trail.

Centennial Park
1003 Timberlane Dr, Huxley
<a href="http://www.huxleyiowa.org/Parks-and-Rec/centennial-park.html">http://www.huxleyiowa.org/Parks-and-Rec/centennial-park.html</a>
Features 2 baseball diamonds and basketball and tennis courts.

Earl Grimm Park 5<sup>th</sup> & Greene St, Slater Features a swimming pool, a little league baseball diamond/adult softball diamond, and tennis courts.

Larson Family Sports Fields 1020 Timberlane Dr, Huxley

http://www.huxleyiowa.org/Parks-and-Rec/larson-family-sports-fields.html

Features soccer and flag football fields.

Memorial Park 114 S Main Ave, Huxley

http://www.huxleyiowa.org/Parks-and-Rec/memorial-park.html

Features a community monument and living memorial garden.

Nelson Park 3<sup>rd</sup> & Benton

Features playground equipment and a stage.

Nord-Kalsem

204 W 5th St, Huxley

http://www.huxleyiowa.org/Parks-and-Rec/nord-kalsem.html

Features 2 softball diamonds, a basketball court and concession stand.

Railroad Park

100 W Railway St, Huxley

http://www.huxleyiowa.org/Parks-and-Rec/railroad-park.html

Features an access point to the Heart of Iowa Nature Trail.

Southside Park

South on Marshall St, Slater

Features soccer fields.

Table of Contents

Trailridge Park 411 S 560<sup>th</sup> Ave

http://www.huxleyiowa.org/Parks-and-Rec/trailridge-park.html

Features access to the Heart of Iowa Nature Trail.

#### **Parks & Recreation Centers**

Huxley Parks & Recreation City of Huxley, 515 N Main Ave, Huxley (515) 597-2561

http://www.huxleyiowa.org/Parks-and-Rec/parks-a-recreation-department.html

Offers educational and recreational activities and programs.

Slater Parks and Recreation

Slater

http://slateriowa.org/Recreation--and--Pool-Info.php

# **Pools**

Slater Municipal Swimming Pool 702 4<sup>th</sup> (4<sup>th</sup> & Greene), Slater (515) 685-3334 http://slateriowa.org/Pool-Info.php

Cambridge/Collins/Maxwell

Libraries

Cambridge Memorial Library
224 Water St, Cambridge
(515) 220-4542
<a href="http://www.cambridge.lib.ia.us/">http://www.cambridge.lib.ia.us/</a>
Collins Public Library
212 Main St, Collins
(641) 385-2464
<a href="http://www.collinspubliclibraryia.org/">http://www.collinspubliclibraryia.org/</a>

Maxwell Public Library 107 Main St, Maxwell (515) 387-8780 http://www.maxwell.lib.ia.us/

#### **Parks**

Legion Park 700 1st St, Maxwell Features soccer, baseball and softball fields.

Maxwell City Park Features a softball/baseball field.

Scout Park 205 Woodlawn St, Maxwell Located near the soccer fields.

#### **Parks & Recreation Centers**

Collins-Maxwell Youth and Adult Recreation Maxwell

http://www.welcometomaxwell.com/youth

McCallaburg/700ring
Table of Contents

#### Libraries

Zearing Public Library 101 E Main St, Zearing (641) 487-7888 http://www.zearing.lib.ia.us/

### **Parks**

McCallsburg City Park 630 Main St, McCallsburg (515) 434-2243

http://www.mccallsburg.com/Parks\_\_\_\_Recreation.html

Table of Contents

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