

Cystoscopy

Care After Procedure

Cystoscopy is a procedure which uses a tiny camera (scope) to look into the bladder through the urethra (tube that empties pee or urine from the bladder). We will give your child medicine (anesthesia), so they are fully asleep and feel no pain before we do this procedure.

What should I expect after cystoscopy?

Your child may have the following:

- Pinkish urine up to 24 hours after the procedure.
 - Burning feeling while peeing the first few times after surgery. Give your child lots of water. Watering down the pee will help get rid of the burning or stinging feeling.
 - Difficulty peeing. It may help to have your child sit in a tub of warm water and try to pee. Smaller children will pee when they fall asleep. Have your child pee at least every 3 hours after surgery during the daytime.
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When may my child eat?

- When fully awake, your child may have clear liquids like 7UP, Jell-O, Popsicles and apple juice.
 - Nausea and throwing up (vomiting) are common after surgery. If this occurs, slowly give your child a clear liquid diet.
 - If your child is not sick to their stomach (nausea) or throwing up, and is fully awake, your child may then start on their regular diet.
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How much activity can my child do?

Watch your child closely today. Most children go back to normal activity in 24 hours.

When should I call a doctor?

Monday to Friday, call the Urology Clinic at **206-987-2509** for questions or any of the concerns listed below. Send MyChart messages for non-urgent questions.

Nights, weekends and holidays, call **206-987-2000** and ask for the Urology resident on call for urgent concerns from the following list:

- Fever higher than 101.5° F (38.6° C)
 - Bright red pee (urine) or a lot of blood
 - Severe, constant pain at the surgery site.
 - Cannot pee for 8 to 12 hours after surgery
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To Learn More

- Urology
206-987-2509
- Ask your child's healthcare provider
- seattlechildrens.org

Free Interpreter Services

- In the hospital, ask your nurse.
- From outside the hospital, call the toll-free Family Interpreting Line, 1-866-583-1527. Tell the interpreter the name or extension you need.



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Seattle Children's offers free interpreter services for patients, family members and legal representatives who are Deaf or hard of hearing or speak a language other than English. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201. This handout has been reviewed by clinical staff at Seattle Children's. However, your needs are unique. Before you act or rely upon this information, please talk with your healthcare provider.

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