

To get ready for your surgery, you will put on a hospital gown. A nurse will see how tall you are and check your blood pressure and temperature. A doctor will listen to your heart and lungs.



Draw a design on your gown.

Before surgery, we will give you medicine that makes you sleep and have no pain. It may go in your body through a small tube in your skin called a PIV or by breathing it in through a mask. If you get the breathing kind, you can have bubblegum, strawberry, orange or root beer smell in your mask. Which would you like?



What will you think about as you fall asleep?



Connect the dots to see what doctors and nurses wear on their faces during surgery.

When you wake up, you might be able to have a drink or a Popsicle.



Find the 3 hidden Popsicles in the picture!

FF 6

Can you find your way on your surgery day?

After surgery, some kids go home the same day, and other kids go home on a different day.



To read more about your surgery day and make your own Surgery Day Plan:

- Go to: seattlechildrens.org/patients-families/surgery
- On the right, click Preparing Your Child
- Download our booklet, What to Expect on Your Surgery Day for either Seattle or Bellevue.



If you have questions, have your parent or caregiver call a Child Life specialist.

For surgery in Seattle:

Seattle Children's Surgery Center Child Life Specialist 206-987-4672

For surgery in Bellevue:

Seattle Children's Bellevue Surgery Center Child Life Specialist 206-884-9234



Seattle Children's offers free interpreter services for patients, family members and legal representatives who are deaf or hard of hearing or speak a language other than English. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201. This handout has been reviewed by clinical staff at Seattle Children's. However, your needs are unique. Before you act or rely upon this information, please talk with your healthcare provider.

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