

Medical Alert Identification

Medical information for first responders on jewelry, smart phones, and other places.

Why is medical alert ID so important?

Having medical alert ID (identification) information on your body or smartphone is important for anyone, even babies, who have a medical condition that may require quick action or assistance.

First responders will look for medical ID on jewelry, a smartphone, and other places such as a wallet card, seatbelt pads or car window stickers.

If your child has allergies, diabetes, kidney disease, epilepsy, bleeding disorder, hearing loss or any complex medical condition, it is recommended for them to have one or more types of medical alert ID on them.

Jewelry

First responders look for bracelets, necklace, or chains on the body first. It is a good idea for your child to wear some piece of jewelry, as it does not rely on a battery like a smartphone does.

Where can I purchase a jewelry?



Here are a few names of companies who sell them online:

American Medical ID	IdentifyYourself.com
Fifty50 Medical (diabetes)	FIFTY50.com
Lauren's Hope	LaurensHope.com
MedicAlert Foundation	medicalert.org
Sticky Jewelry	stickyj.com
Walgreens	walgreens.com/store

Search for organizations that provide a Medical ID tags for free.

What information should be included on jewelry?

- Child's name
- Medical conditions
- Allergies
- Current medications
- Name and phone number for 1 or 2 emergency contacts
- Where to find more information if you have it in multiple places (for example: Use the words "see medical ID app" on your bracelet)

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To Learn More

- Call 206-987-2000 to contact your child's clinic.
- Ask your child's healthcare provider
- seattlechildrens.org

Free Interpreter Services

- In the hospital, ask your nurse.
- From outside the hospital, call the toll-free Family Interpreting Line, 1-866-583-1527. Tell the interpreter the name or extension you need.

Emergency medical ID apps on a smart phone

Though it is essential to wear Medical ID on your body, another option is having it on your smartphone.

Medical ID apps can show emergency contact information from the lock screen on your smart phone. First responders know about these features and can access the information without your password. Be careful to only put your most necessary medical information. Anyone who has access to your phone can get the information without unlocking it.

iPhones

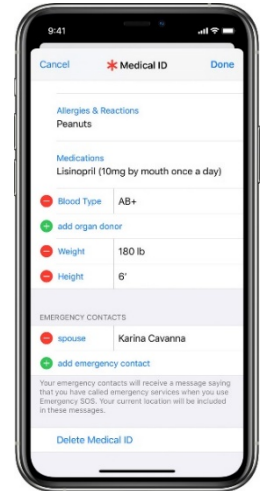


iPhone health app

The iPhone medical ID feature comes already on the current system for iPhone. You do not have to download it from the app store. You can set it up using the Health app.

To get started, open the health app (pictured on left) and tap the medical ID feature. Fill out the profile with as much information as you want.

When your iPhone is locked, and cannot be unlocked by face ID or password, tap Emergency on the bottom left of the lock screen. Then tap Medical ID to bring up the screen showing the information you entered.



Emergency medical ID information on iPhone

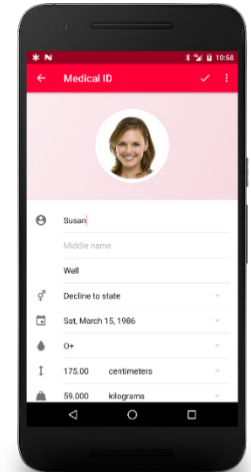
Android (Samsung, HTC and others)



Android medical ID app

Android phones do not have a health app that comes already on them. Instead you have to search in the Google Play app store. There will be many apps that are useful as a medical ID . The most popular in the app store is “Medical ID (free).”

You can download that app, open it and fill out the profile information with as much information as you want. Anyone with physical access to your phone can access the information from your lock screen. The emergency button on your lock screen will either be on the top or bottom of the screen.



Emergency medical ID information on Android