

# 锐器处置

## 锐器是什么？

锐器包括注射器、针头、可拆卸胰岛素笔针头和注射后剩余的药瓶。如果您在家注射，则需要知道如何安全合法地处置锐器。

## 我需要如何处置用过的锐器？

我们建议您在家中环境中使用获批准的“锐器盒”（见下文）。锐器可能携带血液，这些血液可能含有能引起疾病的细菌。在许多县/城市，将锐器扔进家用垃圾桶是违法的。

切勿将锐器松散地扔进垃圾桶或冲入厕所。



### 1. 知道哪些处置容器是可接受的。

先咨询您所在城市，再咨询县，了解其是否有锐器处置条例。虽然最好使用获批准的锐器盒，但一些城市允许使用临时容器，如空塑料洗涤剂瓶。



### 2. 准备并密封 ¾ 满的容器。将其带到获批准的处置地点（参见下一页）。

或者如果您所在城市允许，请将准备好的容器丢弃在家用垃圾桶中。

西雅图市和斯诺霍米什县都不允许在垃圾桶中处置任何类型的锐器。



## 什么是锐器盒？

锐器盒通常是指标有“锐器”一词和生物危害符号的红色塑料容器，用于提示其内容物有潜在危险（见右图）。这是在家收集和储存用过的锐器的最安全方法。



## 我在哪里可以获得红色锐器盒？

**药房：**请咨询您获取您孩子药物和注射器的药房。许多药房销售锐器盒或向客户提供锐器盒。Seattle Children's Ocean 和 Forest Outpatient Pharmacies 为首次拿取针头或注射器的患者提供锐器盒。

**互联网：**请访问 [sharpsdisposal.com](http://sharpsdisposal.com) 或搜索网络，查找提供锐器盒和取货服务的回邮计划，只需很少的费用。

**您的医务人员：**询问您孩子的医务人员可以从哪里获得锐器盒，以及在哪里处置装满的锐器盒。

### 了解更多信息

- Ocean Pharmacy (海洋药房)  
206-987-2138
- 询问您孩子的医务人员
- [seattlechildrens.org](http://seattlechildrens.org)

### 免费口译服务

- 在医院里，请咨询你的护士。
- 从医院外拨打免费家庭口译热线：  
1-866-583-1527。告诉口译员你需要呼叫的名字或分机号码。

### 我要如何准备要处置的锐器盒？

- 按照官方锐器盒上的所有说明将盒子关闭并密封。  
如果您使用的是临时锐器盒（空的洗衣液罐），请确保用胶带牢固地盖住盖子。
- 在任何临时锐器盒上标记大字“锐器”或“生物危害”。

### 华盛顿州锐器处置站的位置

---

每个城市/县都有不同的锐器处置选项。您需要了解您所在的城市有哪些选项。有关在美国安全针头处置的更多信息，请访问 [safeneedledisposal.org](https://safeneedledisposal.org)。输入您的邮政编码，查找您有的处置选项和垃圾回收点

#### 西雅图市固体废物回收和处置信息热线

**206-684-8400**

- Seattle 锐器采集计划垃圾回收点  
[seattle.gov/utilities/protecting-our-environment/safe-and-clean-seattle/sharps-collection](https://seattle.gov/utilities/protecting-our-environment/safe-and-clean-seattle/sharps-collection)
- North Recycling and Disposal Station（北回收处置站） - 1350 North 34th Street  
（位于弗里蒙特/沃灵福德地区）
- 南回收处置站 - 130 South Kenyon Street

#### King County（金县）公共卫生

- 针头更换计划 206-263-2000
- 安全合法地处置锐器  
[kingcounty.gov/sharps](https://kingcounty.gov/sharps)

#### Snohomish County（斯诺霍米什县）固体废物管理锐器处置

县级垃圾捡取站或转运站不提供处置服务。前往

[safeneedledisposal.org/states/Washington/](https://safeneedledisposal.org/states/Washington/)输入您的邮政编码以获取回收药房列表。

有关其他县的锐器处置地点，请参阅华盛顿州卫生局网站：

点击您所在的县，查找您当地的卫生部门（司法管辖区）：

[doh.wa.gov/AboutUs/PublicHealthSystem/LocalHealthJurisdictions](https://doh.wa.gov/AboutUs/PublicHealthSystem/LocalHealthJurisdictions)

使用关键词：锐器处置、针头更换计划、生物危害废物处置、安全针头处置、metro[city].gov、回收和处置站。

# Disposal of Sharps

## What are sharps?

Sharps are used syringes, needles, detachable insulin pen needles, and vials left over after giving injections. If you give injections at home, you need to know how to dispose of your sharps safely and legally.

## How do I dispose of my used sharps?

We recommend that you use an approved “sharps container” in the home setting (see below). Sharps can carry blood that may have germs that cause disease. In many counties/cities, it is against the law to throw away sharps in household garbage cans.

**Never throw sharps loosely into the trash or flush them down the toilet.**



### 1. Know what disposal container is acceptable.

Check with your city first, then county to see if it has sharps disposal rules. While an approved sharps container is best, some cities allow the use of makeshift containers like empty plastic detergent bottles.



### 2. Prepare and seal ¾ full container. Take it to an approved disposal location (see next page).

**Or dispose prepared container in the household trash bin if allowed by your city.**

The city of Seattle and all of Snohomish County **do not** allow any kind of sharps disposal in a trash bin.



## What are sharps containers?

Sharps containers are usually red plastic containers labeled with the word “sharps” and a biohazard symbol to identify the contents as a potential danger (see photo on right). This is the safest method for collecting and storing used sharps in the home.



## Where can I get a red sharps container?

**Pharmacies:** Check with the pharmacy where you get your child’s medicines and syringes. Many pharmacies sell sharps containers or provide them for customers. Seattle Children’s Ocean and Forest Outpatient Pharmacies have sharps containers for patients picking up needles or syringes for the first time.

**Internet:** Check [sharpsdisposal.com](http://sharpsdisposal.com) or search the web for mail-back programs that provide sharps containers and pick-up service for a small fee.

**Your health care provider:** Ask your child’s healthcare provider where to get one and where to dispose of a full container.

1 of 2

### To Learn More

- Ocean Pharmacy  
206-987-2138
- Ask your child’s healthcare provider
- [seattlechildrens.org](http://seattlechildrens.org)

### Free Interpreter Services

- In the hospital, ask your nurse.
- From outside the hospital, call the toll-free Family Interpreting Line, 1-866-583-1527. Tell the interpreter the name or extension you need.

### How do I prepare my container for disposal?

- Follow all directions on the official sharps container to close and seal it. If you are using a makeshift container (empty liquid laundry detergent jug), be sure to tape the lid securely.
- Label any makeshift container with the big words “sharps” or “biohazard.”

---

## Locations for sharps disposal stations in Washington state

---

Every city/county has different options for sharps disposal. You will need to find out what options are offered in your city. For more information on safe needle disposal around the U.S., visit [safeneedledisposal.org](https://safeneedledisposal.org). Enter your zip code to find your disposal options and drop off sites.

---

### City of Seattle Solid Waste Recycle and Disposal Information Line 206-684-8400

- Seattle Sharps Collection Program drop sites  
[seattle.gov/utilities/protecting-our-environment/safe-and-clean-seattle/sharps-collection](https://seattle.gov/utilities/protecting-our-environment/safe-and-clean-seattle/sharps-collection)
- North Recycling and Disposal Station - 1350 North 34th Street  
(Located in the Fremont/Wallingford area)
- South Recycling and Disposal Station - 130 South Kenyon Street

---

### King County Public Health

- Needle Exchange Program 206-263-2000
- Safe and legal disposal of sharps  
[kingcounty.gov/sharps](https://kingcounty.gov/sharps)

---

### Snohomish County Solid Waste Management Sharps Disposal

No disposal service through the county garbage pick-up or transfer stations. Go to [safeneedledisposal.org/states/Washington/](https://safeneedledisposal.org/states/Washington/) Enter your zip code for a list of drop off pharmacies.

---

### For other counties' sharps disposal sites, see the Washington State Health Department website:

Click on your county to find your local health department (jurisdiction):  
[doh.wa.gov/AboutUs/PublicHealthSystem/LocalHealthJurisdictions](https://doh.wa.gov/AboutUs/PublicHealthSystem/LocalHealthJurisdictions)

Use the keywords: sharps disposal, needle exchange programs, biohazard waste disposal, safe needle disposal, metro[city].gov, recycling and disposal stations.